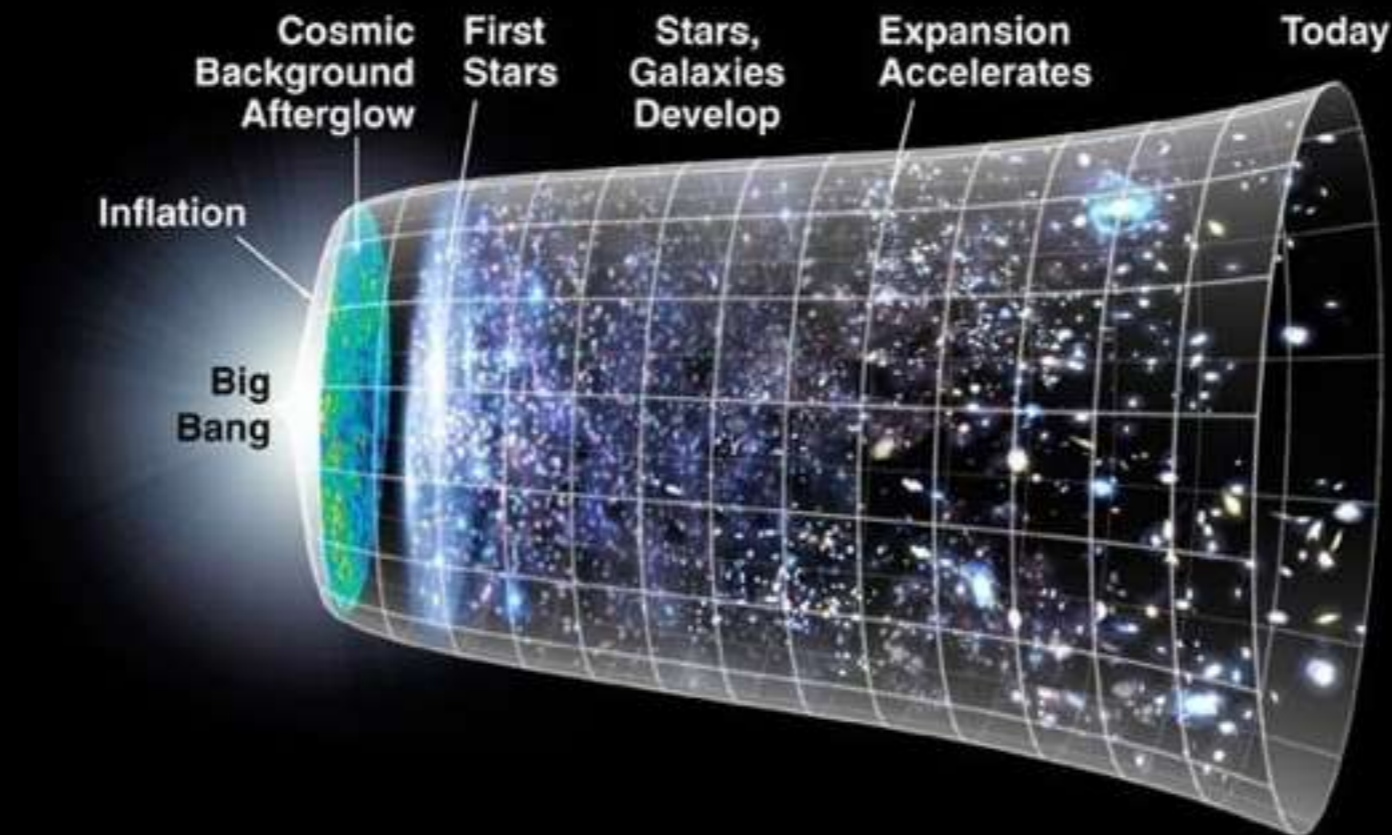




Probing the Early Universe with Gravitational Waves



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IFT Madrid

"Dawn of GW Cosmology and Theory of Gravity" Workshop
Tohoku, Japan, March 2nd 2022

Inflation

- Inflation, the idea
- Single-field slow-roll scenario: successes and signatures
- The importance of upcoming GW observations
- Beyond the minimal scenario: axion inflation as a case study
- The “cosmological collider”
- Fossil fields 
- EFT approach 
- Conclusions

Inflation, the minimal paradigm, SFSR

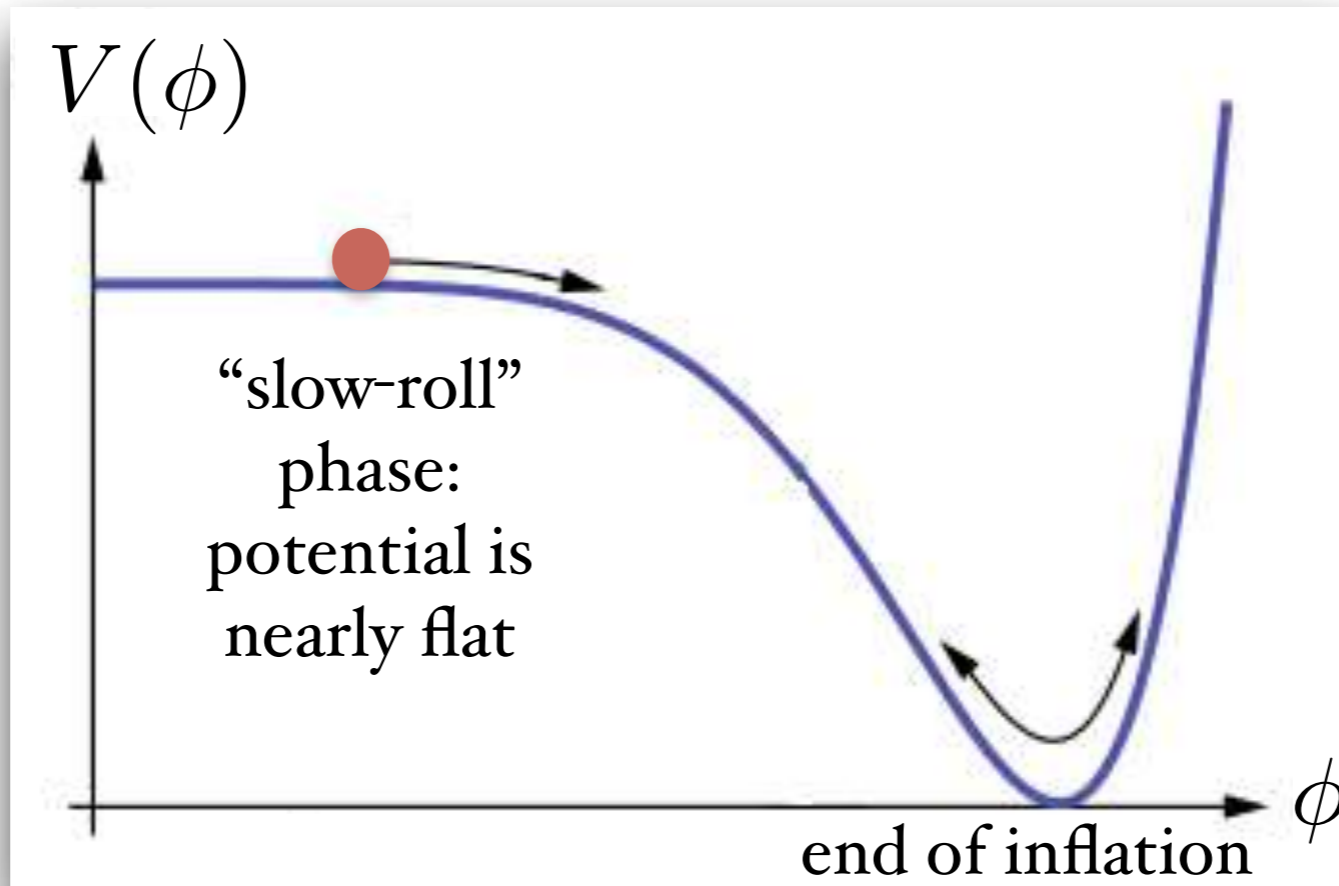
Simplest realization: single-scalar field in slow-roll

- Scalar field :

$$p_\phi = \frac{\dot{\phi}^2}{2} - V(\phi) \approx -V(\phi)$$
$$\rho_\phi = \frac{\dot{\phi}^2}{2} + V(\phi) \approx V(\phi)$$

$$\dot{\phi}^2 \ll V$$

$$p_\phi \approx -\rho_\phi$$



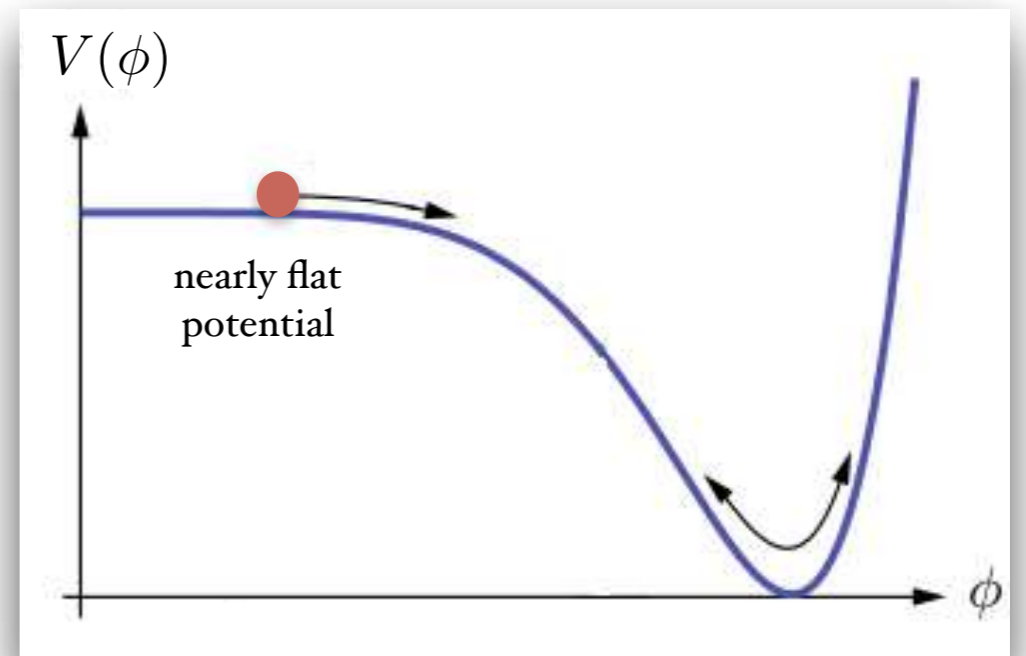
Slow-roll

start flat

$$\epsilon \equiv -\frac{\dot{H}}{H^2} \simeq \frac{M_{\text{P}}^2}{2} \left(\frac{V'}{V} \right)^2 \simeq \frac{3}{2} \frac{\dot{\phi}^2}{V} \ll 1$$

stay flat

$$|\eta| \equiv \frac{|\dot{\epsilon}|}{H\epsilon} \simeq -\frac{2}{3} \left(\frac{V''}{H^2} \right) + 4\epsilon \ll 1$$



Metric Fluctuations

$$ds^2 = (-dt^2 + a(t)^2 [e^{2\zeta} \delta_{ij} + \gamma_{ij}] dx^i dx^j)$$

scalar fluctuations

tensor perturbations

Primordial power spectra

(minimal scenario)

scalar fluctuations

$$\mathcal{P}_\zeta(k) = \frac{1}{8\pi^2} \frac{1}{\epsilon} \frac{H^2}{M_{\text{pl}}^2} \left(\frac{k}{k_*} \right)^{n_s - 1}$$

0.9649 ± 0.0042
 2.2×10^{-9}
[$k_* = 0.05 \text{ Mpc}^{-1}$, 68% C.L.]
from Planck measurements
of CMB anisotropies

$$n_s - 1 \simeq -2\epsilon - \eta$$

Primordial power spectra

(vacuum fluctuations)

tensor fluctuations

energy scale of inflation

red tilt

$$\mathcal{P}_\gamma^{\text{vacuum}}(k) = \frac{2}{\pi^2} \frac{H^2}{M_{\text{pl}}^2} \left(\frac{k}{k_*} \right)^{n_T}$$

$$n_T \simeq -2\epsilon \simeq -r/8$$

$$r \equiv \frac{\mathcal{P}_\gamma}{\mathcal{P}_\zeta} \quad \text{tensor-to-scalar ratio}$$

- bounds
- current**
 - ~~$r < 0.056$ (95% CL, Planck⁺)~~
 - $r < 0.035$ (BK⁺)
 - future**
 - $r < 0.01$ (CMB-S3)
 - $r < 0.001$ (CMB-S4)
 - also LiteBIRD!

Crossing Qualitative Thresholds

agnostic/naive

$$n_s - 1 \simeq -2\epsilon - \eta$$

$$\epsilon \sim \eta$$

\implies

$$r \gtrsim 10^{-2}$$

compelling
models
e.g. Starobinsky

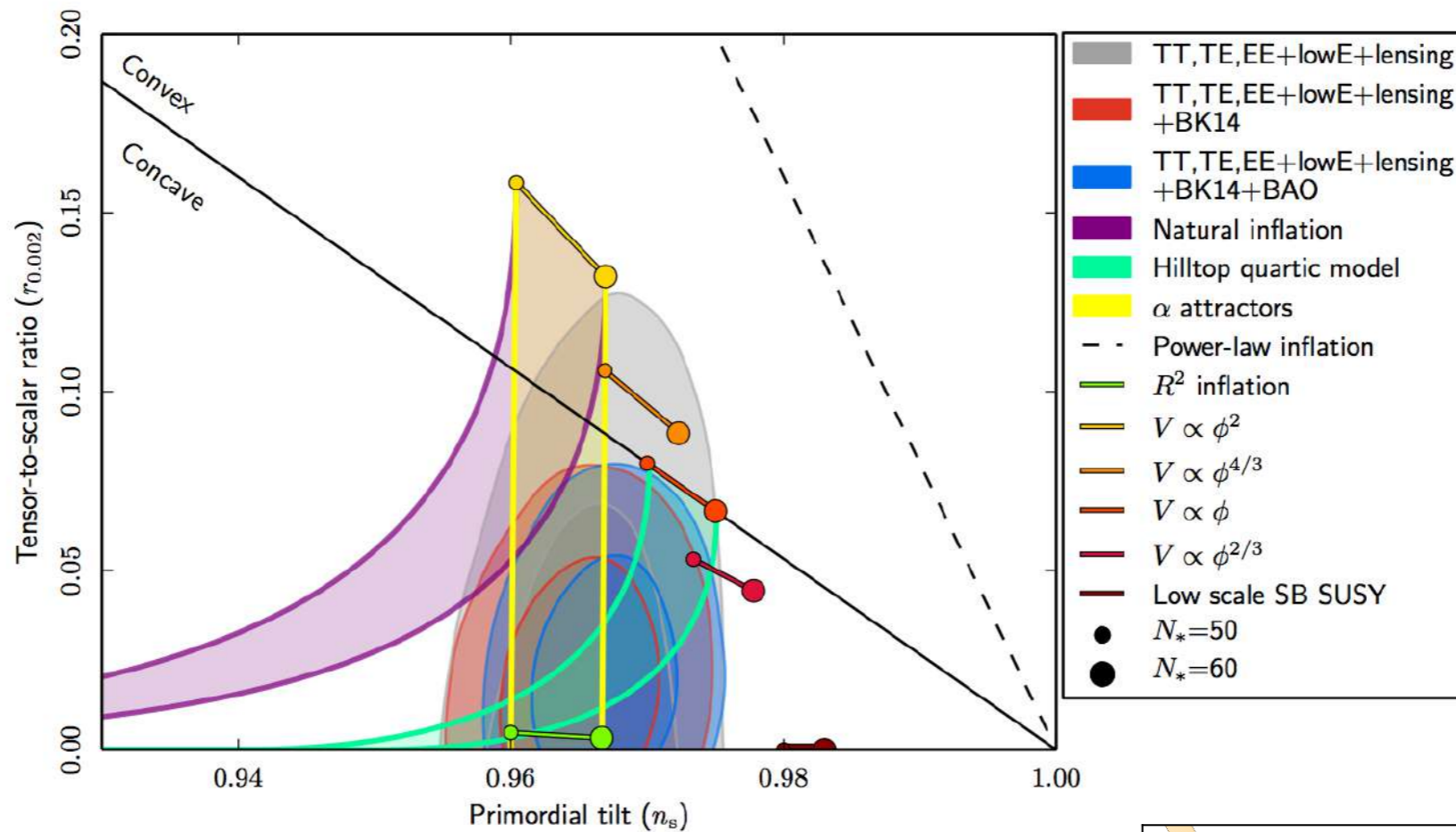
$$1 - n_s \simeq \frac{2}{N}, \quad r \simeq \frac{12}{N^2}$$

\implies

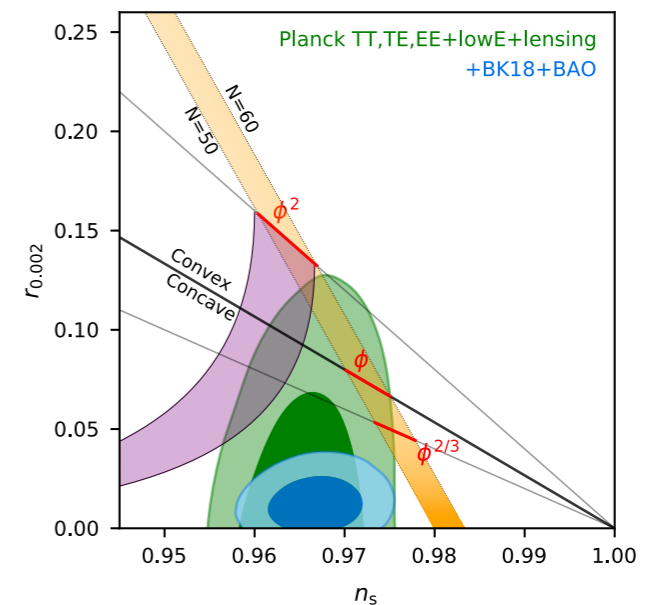
$$r \gtrsim 10^{-3}$$

Single-field Inflation is doing well

Planck Collaboration: Constraints on Inflation



+BK update:



Why go beyond the single-field scenario?

interpreting observations

what to infer from GW detection?
e.g. $r \leftrightarrow H$ relation

likely

string theory

|

flux compactifications

|

4D EFT with many moduli fields

interesting

signatures of new content
on GW spectrum:
PS: scale-dependence, chirality,
n-G: (amplitude, shape, angular..)

Focus

1 (class of) model(s): axion inflation

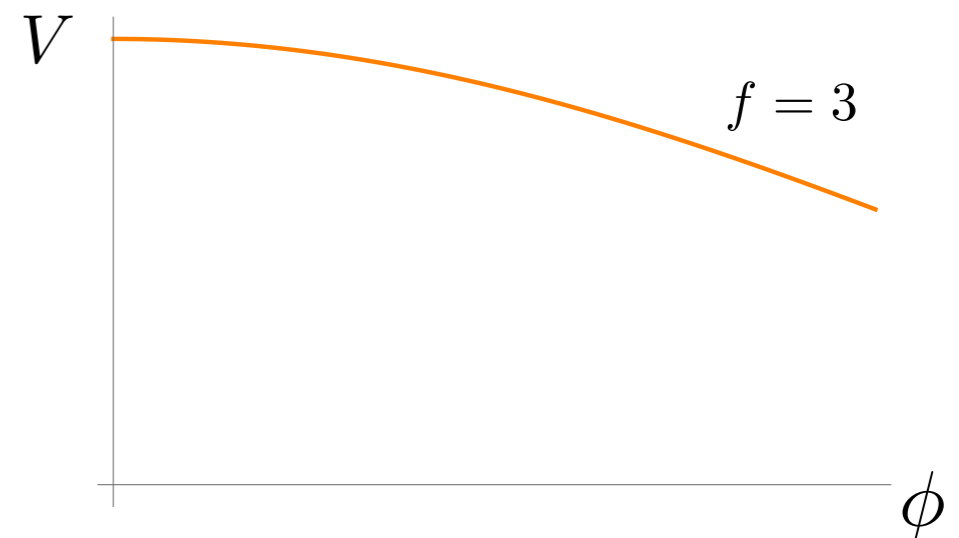
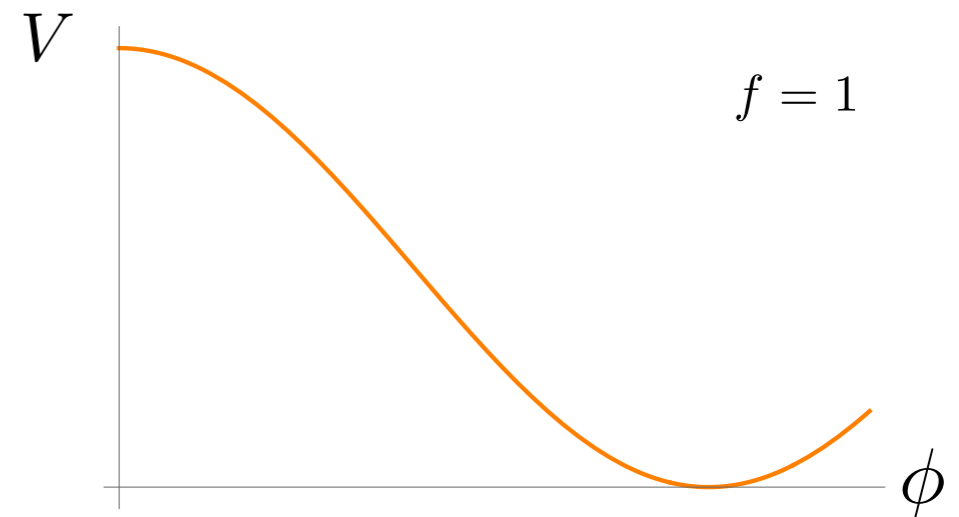
1 probe: primordial gravitational waves

Natural Inflation

$$\mathcal{L} = \sqrt{-g} \left[R[g] - (\partial\phi)^2 - \mu^4 (1 + \text{Cos}[\phi/f]) \right]$$

[Freese, Frieman, Olinto]

axion-like potential



simple

(technically) natural: shift symmetry

viable for $f \gtrsim M_{\text{P}}$

Chromo Natural Inflation

[Adshead, Wyman]
[Dimastrogiovanni, **MF**, Tolley]
[...]

$$\mathcal{L} \supset \left[-\frac{1}{4}F^2 + \frac{\lambda\phi}{4f}F\tilde{F} \right] - (\partial\phi)^2 - U_{\text{axion}}(\phi)$$

[Freese, Frieman, Olinto]
[...]

◆ $\left\{ \begin{array}{l} f \ll M_{\text{P}} \quad \text{realization} \\ \text{very interesting GW signatures!} \end{array} \right.$

Chromo Natural Inflation

[Adshead, Wyman]
[Dimastrogiovanni, **MF**, Tolley]
[...]

SU(2) but could be U(1)

$$\mathcal{L} \supset \left[-\frac{1}{4}F^2 + \frac{\lambda\phi}{4f}F\tilde{F} \right] - (\partial\phi)^2 - U_{\text{axion}}(\phi)$$

[Freese, Frieman, Olinto]
[...]

◆ $\left\{ \begin{array}{l} f \ll M_{\text{P}} \quad \text{realization} \\ \text{very interesting GW signatures!} \end{array} \right.$

Extension of Chromo Natural Inflation

[Dimastrogiovanni, MF, Fujita]

$$\mathcal{L} \supset \mathcal{L}_{\text{inflaton}} - \frac{1}{4} F^2 + \frac{\lambda \chi}{4f} F \tilde{F} - (\partial \chi)^2 - U_{\text{axion}}(\chi)$$

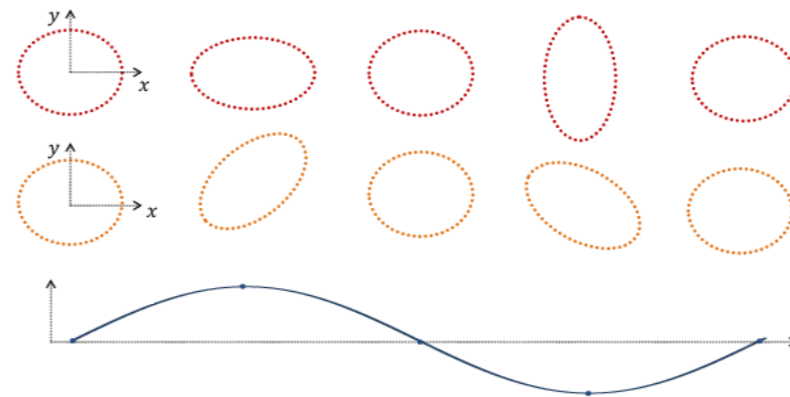
- ◆ $f \ll M_{\text{P}}$ realization
- same interesting GW spectrum
- observationally viable

(Primordial) Gravitational Waves

$$G_{\mu\nu} = 8\pi G T_{\mu\nu}$$

$$ds^2 = -dt^2 + a^2(t) (\delta_{ij} + \gamma_{ij}) dx^i dx^j$$

$$\gamma_i^i = \partial_i \gamma_{ij} = 0 \quad \text{two polarization states}$$



$$\ddot{\gamma}_{ij} + 3H\dot{\gamma}_{ij} + k^2\gamma_{ij} = 16\pi G \Pi_{ij}^{TT}$$

anisotropic stress-energy tensor

Primordial GW in our Model

$$\mathcal{L} \supset \mathcal{L}_{\text{inflaton}} - \frac{1}{4} F^2 + \frac{\lambda \chi}{4f} F \tilde{F} - (\partial \chi)^2 - U_{\text{axion}}(\chi)$$

$$\text{SU}(2) \begin{cases} A_0^a = 0 \\ A_i^a = a Q \delta_i^a \\ \delta A_i^a = t_{ai} + \dots \end{cases}$$

$$\ddot{\gamma}_{ij}^\lambda + 3H \dot{\gamma}_{ij}^\lambda + k^2 \gamma_{ij}^\lambda \propto t_{ij}^\lambda + \dots + \dots$$

[Dimastrogiovanni, MF, Fujita]

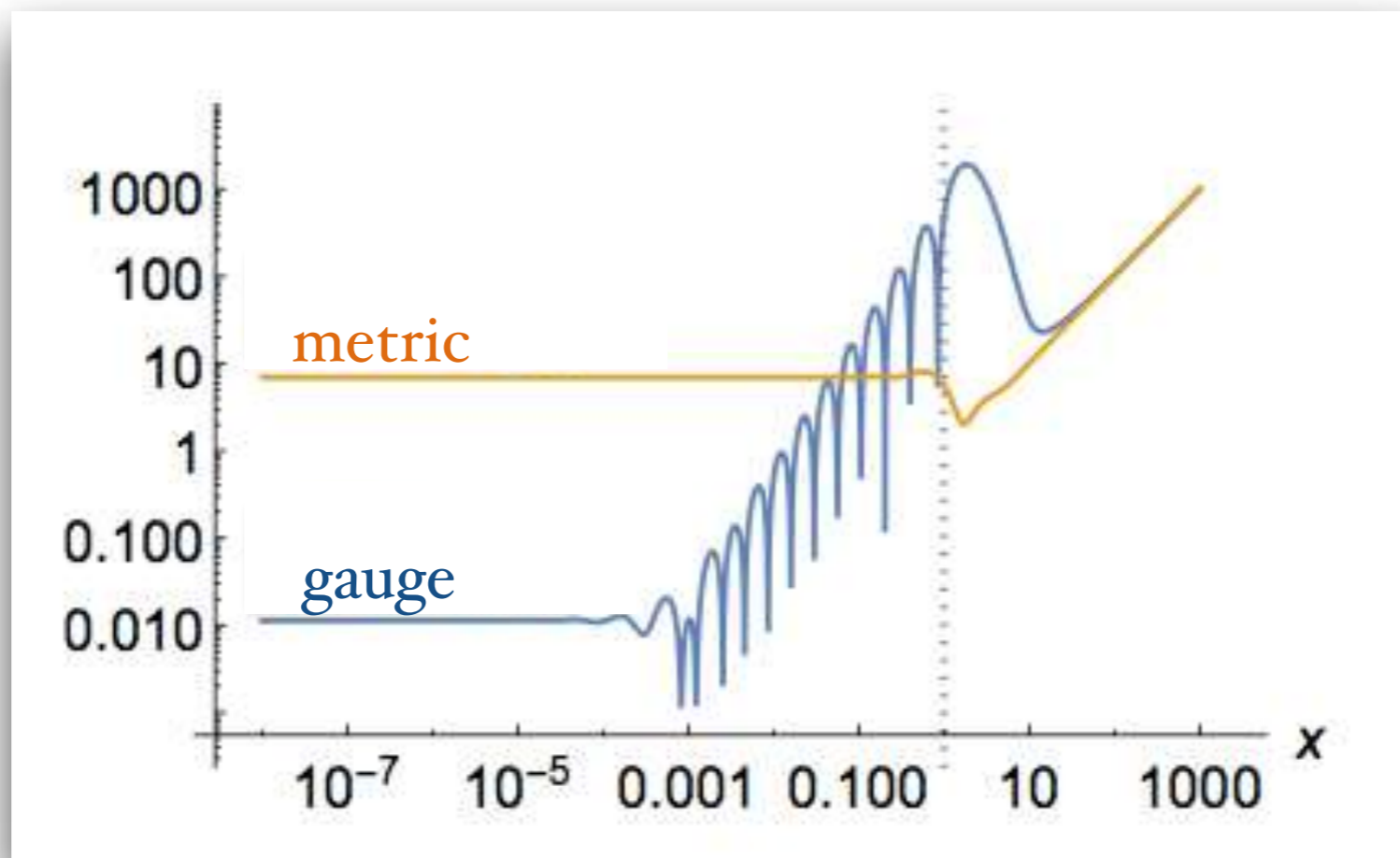
$$P_\lambda^{\text{sourced}} \gtrsim P_\lambda^{\text{vacuum}}$$

now possible!

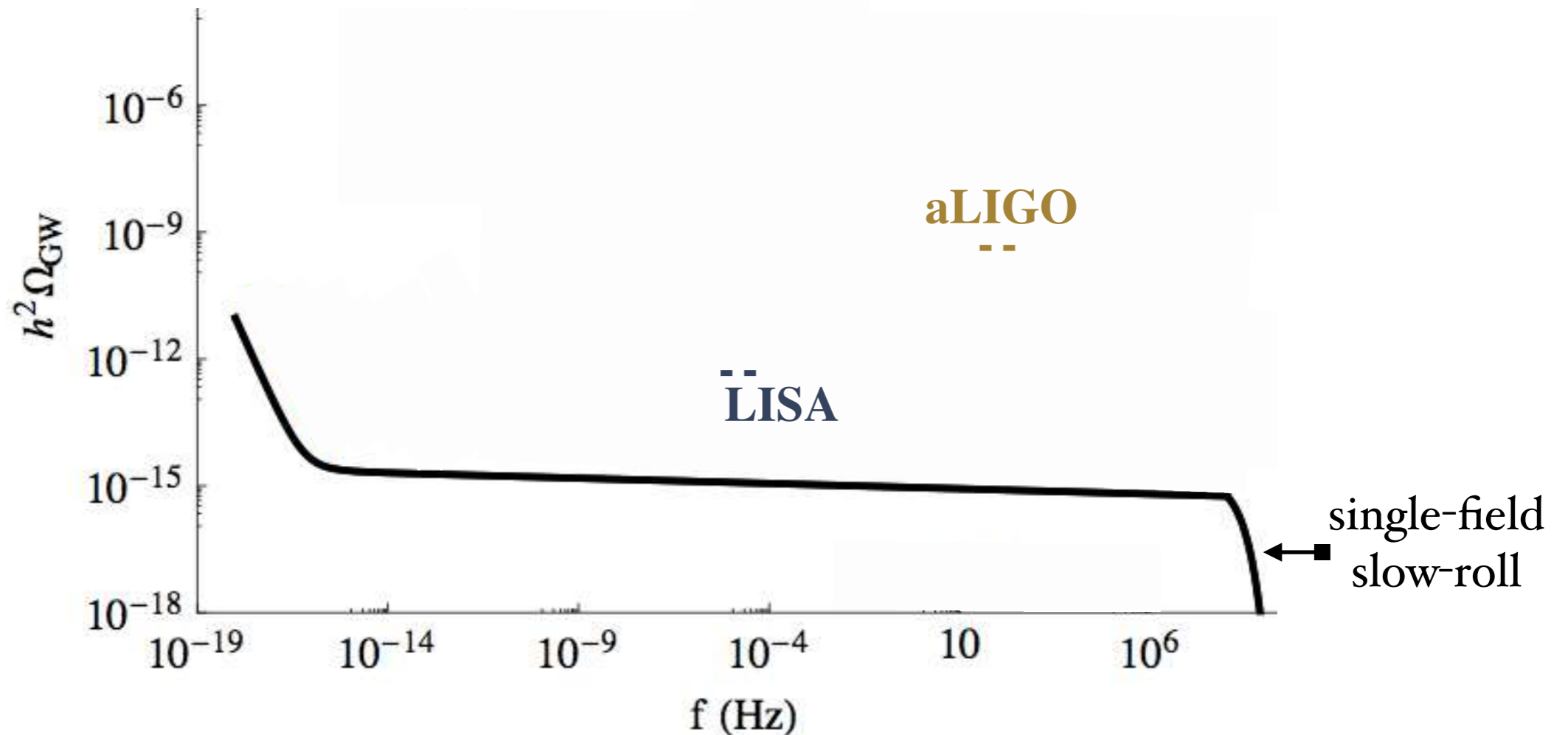
$$\begin{cases}
\text{metric} & \Psi''_{R,L} + \left(1 - \frac{2}{x^2}\right) \Psi_{R,L} = \mathcal{O}^{(1)}(t_{R,L}) \\
\text{gauge} & t''_{R,L} + \left[1 + \frac{2m_Q \xi}{x^2} \mp \frac{2}{x} (m_Q + \xi)\right] t_{R,L} = \tilde{\mathcal{O}}^{(1)}(\Psi_{R,L})
\end{cases}$$

$$\xi = \frac{\lambda \dot{\chi}}{2fH}$$

$$x \sim -k\tau$$



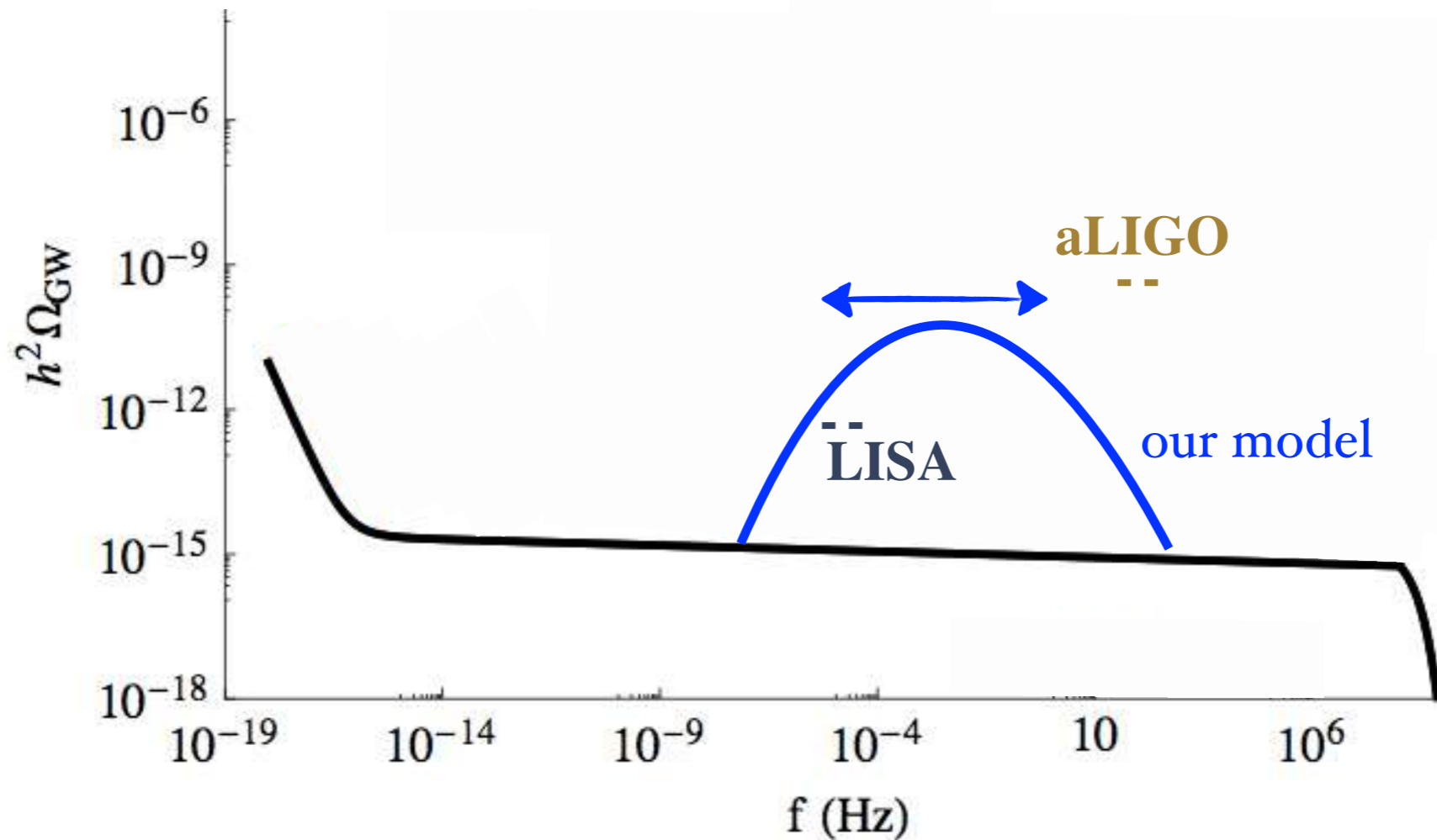
Testing Amplitude & Scale Dependence



Laser Interferometers: new frontier to test primordial physics (GW) at small scales

LISA: $10^{-4}\text{Hz} \lesssim f \lesssim 10^{-1}\text{Hz}$; LIGO+: $1\text{Hz} \lesssim f \lesssim 10^3\text{Hz}$

Testing Amplitude & Scale Dependence



“  ” freedom in parameter space

Chirality

(background +) Chern-Simons coupling $\frac{\lambda\chi}{4f} F \tilde{F}$

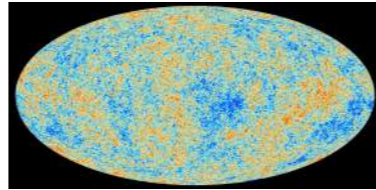
$$\ddot{t}_{ij}^{L/R} \pm \lambda(\dots) t_{ij}^{L/R} + \dots = 0$$

$$\gamma_{ij}^L \neq \gamma_{ij}^R$$

chiral spectrum

$$\mathcal{P}_{\gamma}^L \neq \mathcal{P}_{\gamma}^R$$

Chirality



CMB tests

single-field
slow-roll inflation

no chirality

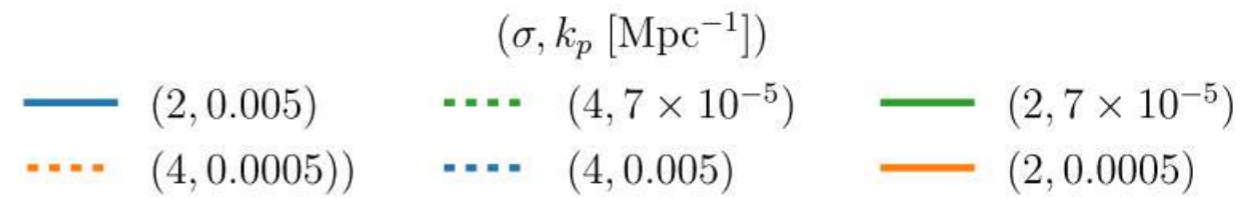
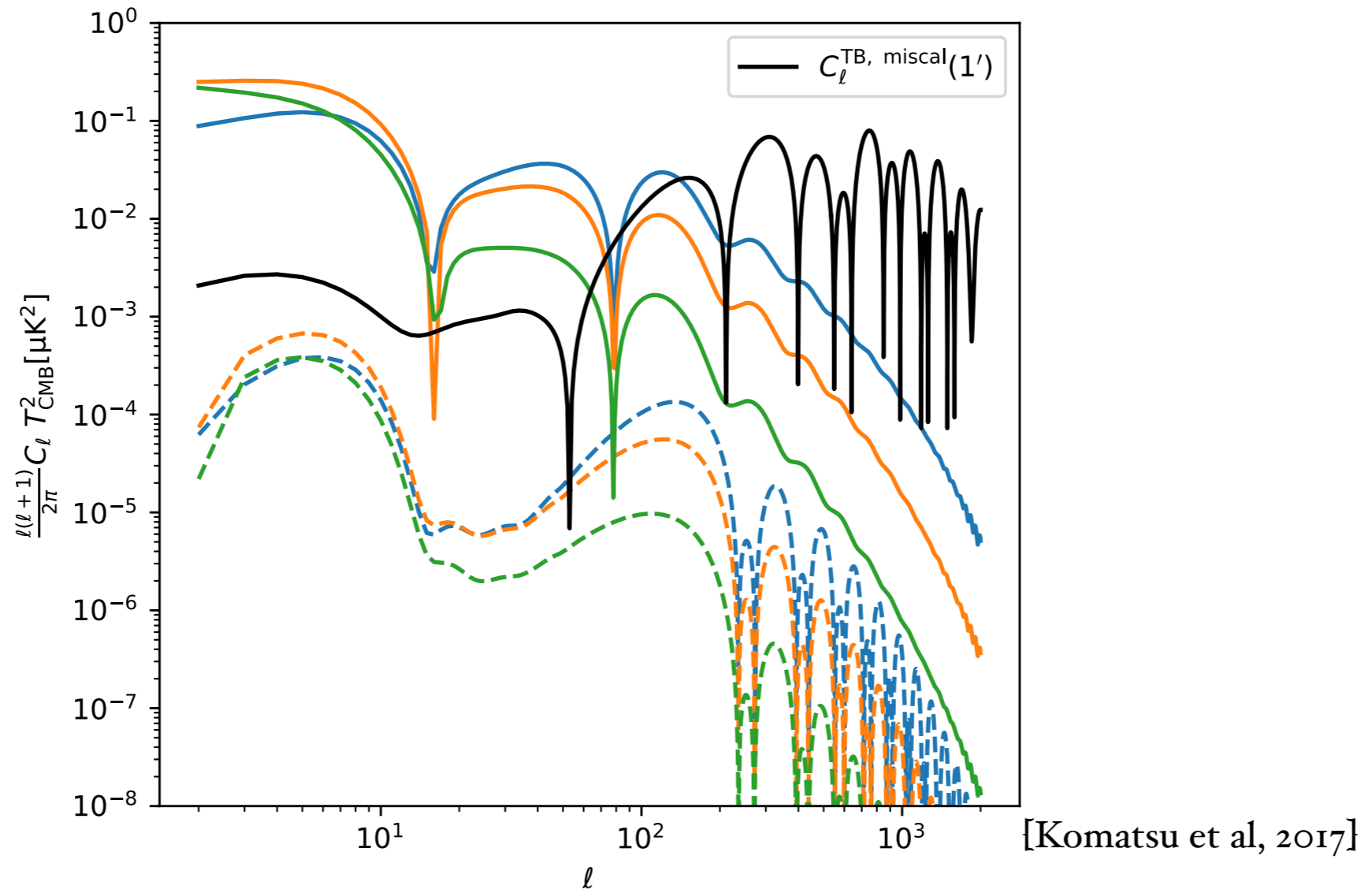
$$\langle BT \rangle = 0 = \langle EB \rangle$$

Chern-Simons
coupling

chirality

$$\langle BT \rangle \neq 0 \neq \langle EB \rangle$$

LiteBIRD



$$\mathcal{P}_h^{\text{sourced}} = r_* \mathcal{P}_\zeta \text{Exp} \left[- \frac{1}{2\sigma^2} \ln^2 \left(\frac{k}{k_p} \right) \right]$$

Chirality



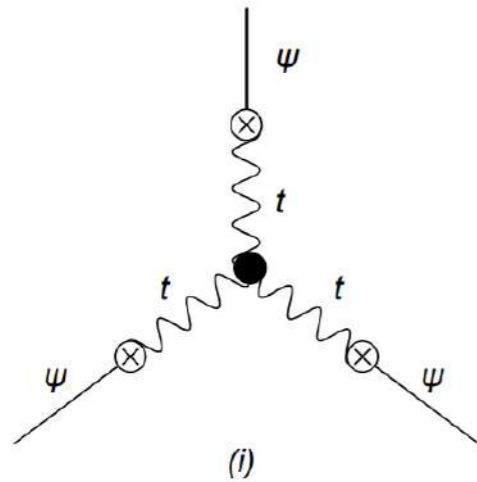
Interferometers tests

- ◆ cross-correlation between interferometers at different locations
[Smith, Caldwell 2017]
- ◆ recent work on LISA: use kinematically induced dipole
[Seto 2006]
[Domcke et al 2019]

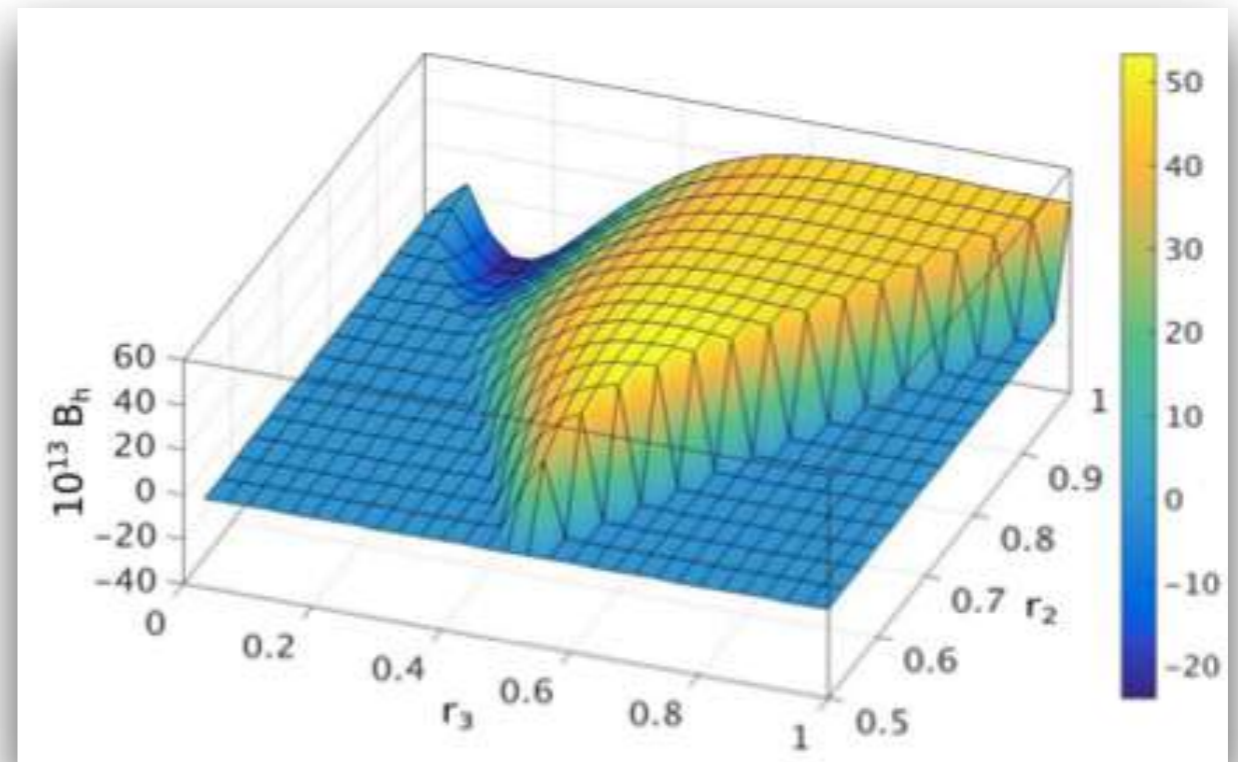
non-Gaussianity (TTT)

[Agrawal - Fujita - Komatsu 2017]

$$\text{n-G} \quad \langle h_R(\vec{k}_1) h_R(\vec{k}_2) h_R(\vec{k}_3) \rangle = (2\pi)^3 \delta^{(3)} \left(\sum_{i=1}^3 \vec{k}_i \right) B_h(k_1, k_2, k_3)$$



$\Psi = \text{GW}$
 $t = \text{tensor SU}(2)$



$m_Q = 3.45$
 $\epsilon_B \simeq 10^{-5}$
 $H \simeq 10^{13} \text{ GeV}$
 $r_{\text{vac}} \simeq 0.002$
 $r_{\text{sourced}} \simeq 0.04$

$$\frac{B_h}{P_\zeta^2} \lesssim r^2 10^6$$

sourced nG tensors
 larger than in minimal SFSR

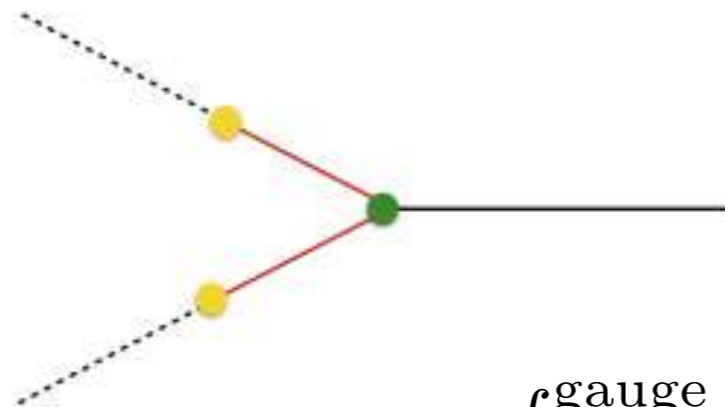
non-Gaussianity (STT)

$$\langle \zeta \gamma \gamma \rangle$$

[Fujita, Namba, Obata]

[Dimastrogiovanni, MF, Hardwick, Koyama, Wands]

several channels (e.g. mixing terms between scalars)
contribute to STT \Rightarrow folded shape



$$f_{\text{NL}}^{\text{gauge}} \sim 10^3 r$$

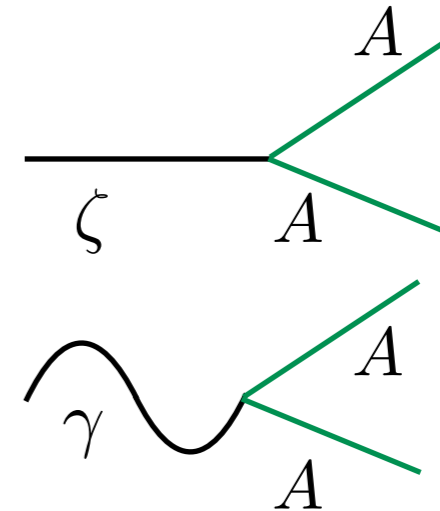
Abelian case (intriguing phenomenology)

$$\mathcal{L} = \mathcal{L}_{\text{EH}} - (\partial_\mu \phi)^2 - V(\phi) - \frac{1}{4} F_{\mu\nu} F^{\mu\nu} - \frac{\lambda}{4f} \phi F_{\mu\nu} \tilde{F}^{\mu\nu}$$

U(1) case

$$F_{\mu\nu} = \partial_\mu A_\nu - \partial_\nu A_\mu$$

$$\tilde{F}^{\mu\nu} = -\frac{1}{2} \epsilon^{\mu\nu\alpha\beta} F_{\alpha\beta}$$



Gauge field quanta produced by the rolling axion

$$\left[\partial_\tau^2 + k^2 \pm \frac{2k\xi}{\tau} \right] A_\pm(\tau, k) = 0$$

$$A_+(\tau, k) \propto e^{\pi\xi}$$

$$\xi \equiv \frac{\lambda \dot{\phi}}{2fH}$$

[Anber, Sorbo 2009 - Barnaby, Peloso 2011, Barnaby, Namba, Peloso 2011, Bartolo et al 2014+...]

[Pajer, Peloso (2013)]

Primordial GW to test inflationary particle content

scale-dependence

non-Gaussianity

chirality



Axion-gauge field models

By now a rich literature on the subject



...Anber - Sorbo 2009; Cook - Sorbo 2011; Barnaby - Peloso 2011;
Adshead- Wyman 2011; Maleknejad - Sheikh-Jabbari, 2011;
Dimastrogiovanni - MF - Tolley 2012; Dimastrogiovanni - Peloso 2012;
Adshead - Martinec -Wyman 2013; Garcia-Bellido - Peloso - Unal 2016;
Agrawal - Fujita - Komatsu 2017; Fujita - Namba - Obata 2018; Domcke -
Mukaida 2018; Iarygina - Sfakianakis 2021; ...

Supergravity embedding
[Dall'Agata]

Lots of research in this direction



+ gravitational Chern-Simons term
+ fermions production
+ back-reaction
[Komatsu et al, x 3]

+ gravitational leptogenesis
[Caldwell, Devulder]

+ perturbativity bounds
[Papageorgiou, Peloso, Unal]

+ SCNI in string theory
[Holland, Zavala, Tasinato]

general approach: inflationary particle content

How can we probe info on Mass & Spin?



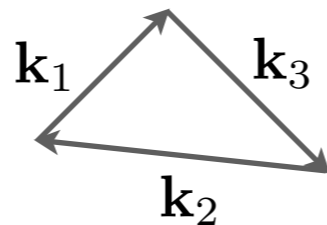
non-Gaussianities

so far

$$\langle \zeta_{k_1} \zeta_{k_2} \rangle \equiv \frac{2\pi}{k^3} \mathcal{P}(k) \delta^{(3)}(\mathbf{k}_1 + \mathbf{k}_2)$$

n>2-point functions probe interactions

$$\langle \zeta_{k_1} \zeta_{k_2} \zeta_{k_3} \rangle \equiv (2\pi)^3 \delta^{(3)}(\mathbf{k}_1 + \mathbf{k}_2 + \mathbf{k}_3) B(k_1, k_2, k_3)$$



Amplitude

$$f_{\text{NL}} \sim B/P^2$$

Squeezed Bispectrum: new physics

extra particle content ==> non-analytical scaling ==> directly probe new physics

$$\langle \zeta_{k_1} \zeta_{k_2} \zeta_{k_3} \rangle \Big|_{k_1 \ll k_3} \propto \underbrace{\frac{1}{k_1^3 k_3^3}}_{\text{standard}} \left(\frac{k_1}{k_3} \right)^{3/2 - \nu_s} P_s(\hat{k}_1 \cdot \hat{k}_3)$$

[Noumi et al 2012]

[Arkani-Hamed, Maldacena 2015]

[Kehagias, Riotto 2015]

non-analytical scaling

extra angular dependence

$$i\nu_s = \mu_s = \sqrt{\frac{m^2}{H^2} - \left(s - \frac{1}{2}\right)^2}$$

info on mass & spin!

Squeezed Bispectrum: new physics

(heavier mediating masses)

$$\langle \zeta_{k_1} \zeta_{k_2} \zeta_{k_3} \rangle \Big|_{k_1 \ll k_3} \propto \underbrace{\frac{1}{k_1^3 k_3^3}}_{\text{standard}} e^{-\pi \mu_s} \left(\frac{k_1}{k_3} \right)^{3/2} P_s(\hat{\mathbf{k}}_1 \cdot \hat{\mathbf{k}}_3) \cos \left[\mu_s \ln \left(\frac{k_1}{k_3} \right) \right]$$

direct mass suppression

non-analytical scaling

$m \geq \frac{3}{2} H$

extra periodic spin-dependent feature

Tensor-scalar-scalar Bispectrum

(generically true for squeezed non-Gaussianities)

$$\langle \gamma_{k_L} \zeta_{k_S} \zeta_{k_S} \rangle \Big|_{k_L \ll k_S} \propto \frac{1}{k_L^3 k_S^3} \left(\frac{k_L}{k_S} \right)^{3/2 - \nu_s} \mathcal{E}_2^\lambda(\hat{\mathbf{k}}_L \cdot \hat{\mathbf{k}}_S) P_s^\lambda(\hat{\mathbf{k}}_L \cdot \hat{\mathbf{k}}_S)$$

↘ non-analytical scaling, CRs breaking ↘ extra angular dependence

$$\nu_s = \sqrt{\left(s - \frac{1}{2}\right)^2 - \frac{m^2}{H^2}}$$

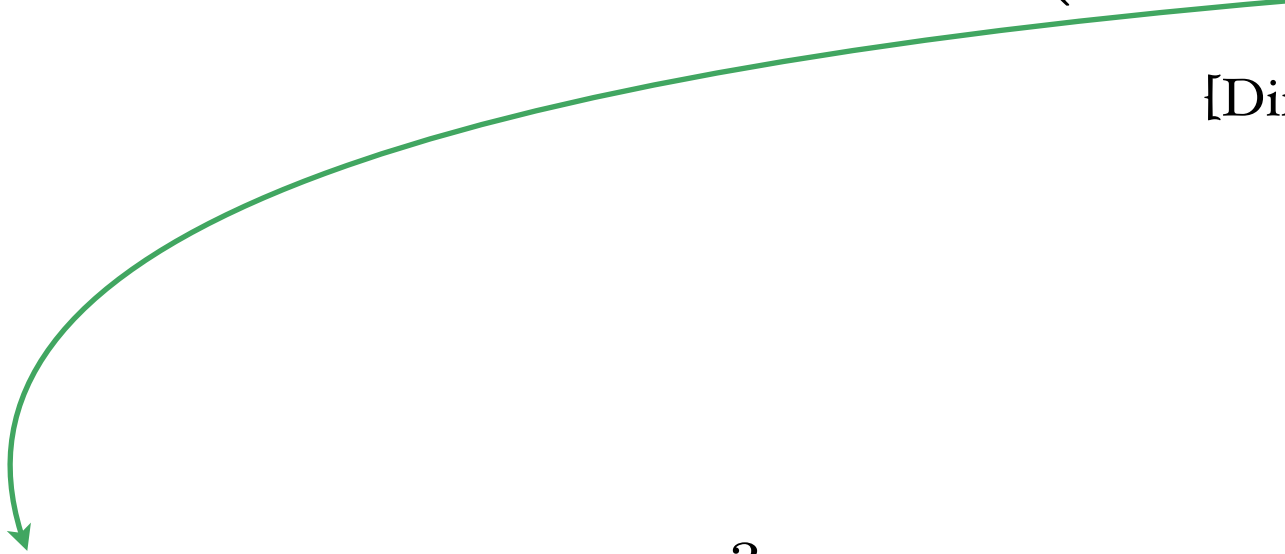
↘ standard polarization tensor

Connections with “tensor fossils” as a diagnostic of new physics

$$P_{\zeta}(\mathbf{k}, \mathbf{x}_c)|_{\gamma_L} = P_{\zeta}(k) \left(1 + Q_{lm}^{\gamma\zeta\zeta}(\mathbf{x}_c, \mathbf{k}) \hat{k}_l \hat{k}_m \right)$$

[Dimastrogiovanni, **MF**, Jeong, Kamionkowski 2014]

[Dimastrogiovanni, **MF**, Kamionkowski 2016]


$$Q_{lm}^{\gamma\zeta\zeta}(\mathbf{x}, \mathbf{k}) = \int \frac{d^3q}{(2\pi)^3} e^{i\mathbf{q}\cdot\mathbf{x}} f_{\text{nl}}^{\gamma\zeta\zeta}(\mathbf{q}, \mathbf{k}) \sum_{\lambda} \epsilon_{lm}^{\lambda}(-\hat{q}) \gamma_{-\mathbf{q}}^{*\lambda}$$

“Tensor Fossils”, a crucial handle on GW non-Gaussianity

$$P_\gamma(\mathbf{k}', \mathbf{x})|_{\gamma_L} = P_\gamma(k') \left[1 + Q_{lm}^{\gamma\gamma\gamma}(\mathbf{x}, \mathbf{k}') \hat{k}'_l \hat{k}'_m \right]$$

[Dimastrogiovanni, MF, Tasinato PRL 2020]

PS anisotropies not key test of n-G if the bispectrum is accessible, but

propagations effects through structure wash away GW n-G initial conditions
(in most bispectrum configurations)

[Bartolo, De Luca, Franciolini, Lewis, Peloso, Riotto (2019)]

GW anisotropies probe the ultra-squeezed configuration ==> handle on n-G

$$Q_{lm}^{\gamma\gamma\gamma}(\mathbf{x}, \mathbf{k}) = \int \frac{d^3 q}{(2\pi)^3} e^{i\mathbf{q}\cdot\mathbf{x}} f_{\text{nl}}^{\gamma\gamma\gamma}(\mathbf{q}, \mathbf{k}) \sum_\lambda \epsilon_{lm}^\lambda(-\hat{q}) \gamma_{-\mathbf{q}}^{*\lambda}$$

Testing “Fossils Fields” with cross-correlations: SGWB x CMB

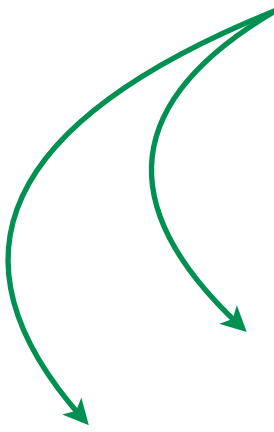
squeezed 3-point function (scalar/tensor/mixed) leads to anisotropies, take STT

$$P_\gamma(\mathbf{k}, \mathbf{x})|_{\zeta_L} \sim P_\gamma(k) \left[1 + \int \frac{d^3q}{(2\pi)^3} e^{i\mathbf{q}_L \cdot \mathbf{x}} \frac{\langle \zeta_L \gamma_S \gamma_S \rangle}{\langle \zeta_L \zeta_L \rangle \langle \gamma_S \gamma_S \rangle} \zeta(q_L) \right]$$

can define anisotropies $\delta_{\text{GW}} \propto \zeta_L$ of GW energy density Ω_{GW}

and correlate it with CMB temperature anisotropies $\delta_T \propto \zeta$

[Adshead, Afshordi, Dimastrogiovanni, MF, LIM, Tasinato, PRD 2021]



(i) to constrain $f_{\text{NL}}^{\zeta\gamma\gamma}$ at small scales

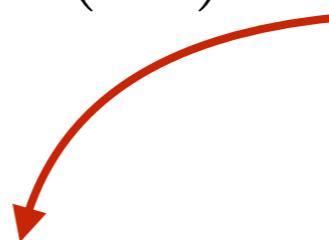
(ii) test primordial nature of δ_{GW}



Testing “Fossils Fields” with cross-correlations: SGWB x CMB

[Adshead, Afshordi, Dimastrogiovanni, **MF**, Lim, Tasinato 2020]

$$P_\gamma(\mathbf{k}, \mathbf{x})|_{\zeta_L} \sim P_\gamma(k) \left[1 + \int \frac{d^3 q}{(2\pi)^3} e^{i\mathbf{q}_L \cdot \mathbf{x}} \frac{\langle \zeta_L \gamma_S \gamma_S \rangle}{\langle \zeta_L \zeta_L \rangle \langle \gamma_S \gamma_S \rangle} \zeta(q_L) \right]$$



$$\delta_{\text{GW}}(k, \hat{n}) = \mathcal{Q}_{\ell m}(\mathbf{k}, \mathbf{d}) \hat{n}_\ell \hat{n}_m$$

$$\Omega_{\text{GW}}(k) = \bar{\Omega}_{\text{GW}}(k) \left[1 + \frac{1}{4\pi} \int d^2 \hat{n} \delta_{\text{GW}}(k, \hat{n}) \right]$$

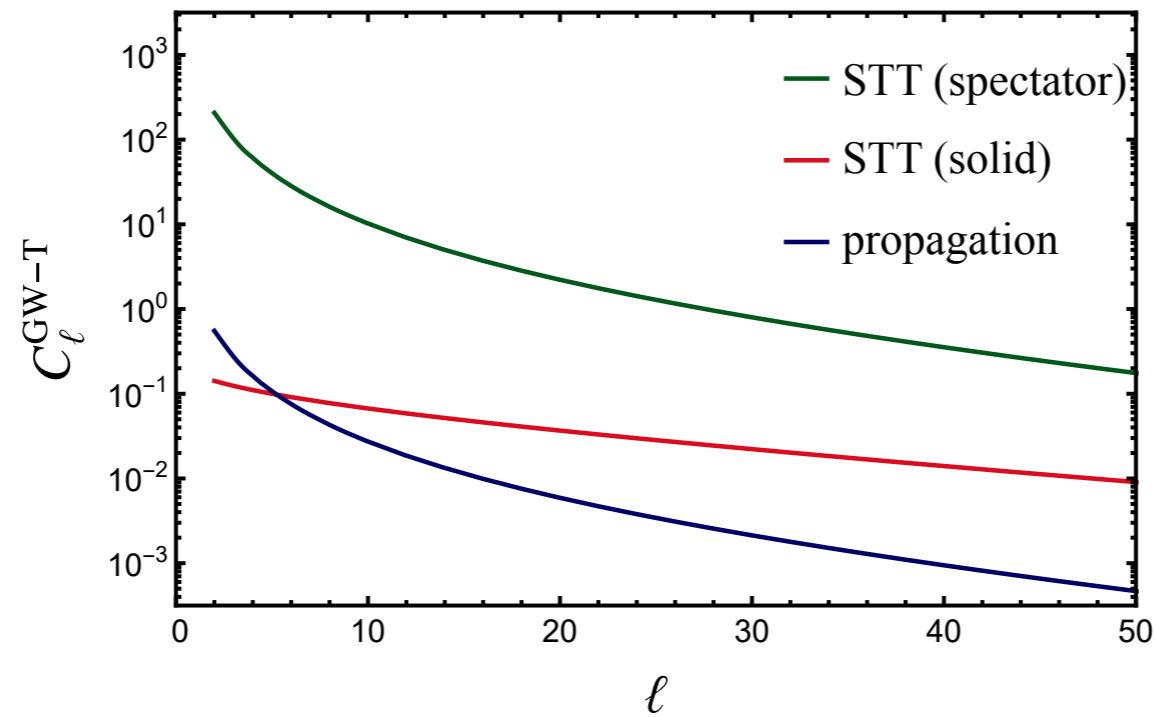
$$\mathbf{d} = -(\eta_0 - \eta_{\text{in}}) \hat{n}$$

$$\left. \begin{aligned} \delta_{\text{GW}}^{\text{stt}} &\sim F_{\text{NL}}^{\text{stt}} \cdot \zeta_L \\ \frac{\Delta T}{T} &\sim \zeta_L \end{aligned} \right\} C_\ell^{\text{GW-T}} \sim F_{\text{NL}}^{\text{stt}} \cdot C_\ell^{\text{TT}}$$



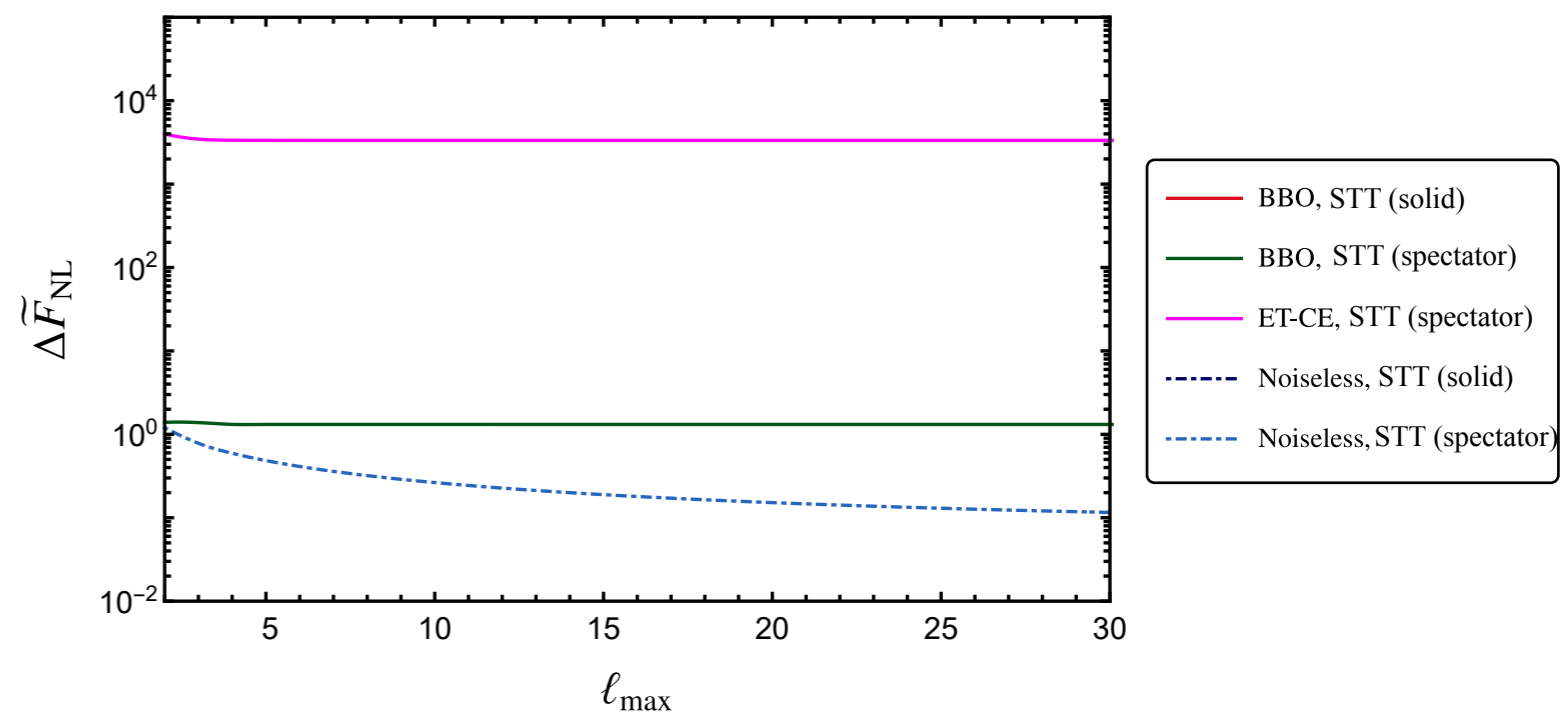
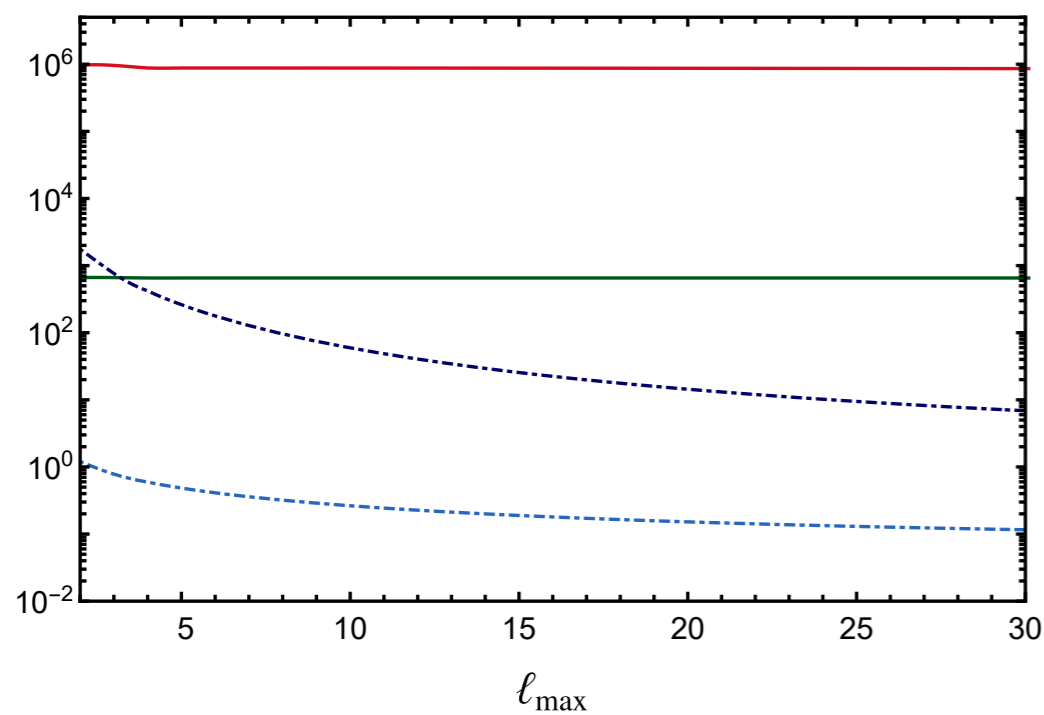
Testing “Fossils Fields” with cross-correlations: SGWB x CMB

[Malhotra, Dimastrogiovanni, **MF**, Shiraishi 2020]



$r = 0.07, n_T = 0.08$

$r = 0.07, n_T = 0.27$



Squeezed Bispectrum: new physics

$$\langle \zeta_{k_1} \zeta_{k_2} \zeta_{k_3} \rangle \Big|_{k_1 \ll k_3} \propto \underbrace{\frac{1}{k_1^3 k_3^3}}_{\text{standard}} e^{-\pi \mu_s} \left(\frac{k_1}{k_3} \right)^{3/2} P_s(\hat{\mathbf{k}}_1 \cdot \hat{\mathbf{k}}_3) \cos \left[\mu_s \ln \left(\frac{k_1}{k_3} \right) \right]$$

direct mass suppression
non-analytical scaling
 $m \geq \frac{3}{2} H$

crucial fact for $s \geq 2$ spinning fields

$$m \gtrsim H$$

[MF, Tolley 2012]
[MF, Tolley 2013]

Mass & Spin

spinning fields \implies more signatures

spin-2 example can source tensors linearly!

unitary reps in dS $\implies m^2 = 0 \checkmark$ $m^2 \geq 2H^2$
+

interactive spin-2 fields \implies at most 1 is massless

[Boulanger, Damour, Gualtieri, Hennaux (2000)]

extra spin-2 field is a massive graviton!

Unitarity bound

$$\tilde{m}^2 \left[1 + \left(\frac{H_f/M_f}{H/M_P} \right)^2 \right] \geq 2H^2$$

[MF, Tolley (2012)]
[MF, Tolley (2013)]

weakened constraint but

$$m \sim H$$

extra spin-2 fields tend to decay quickly!

[Biagetti, Dimastrogiovanni, MF (2017)]
[Dimastrogiovanni, MF, Tasinato (2018)]

extra spin-2 field is a massive graviton!

Recap

extra fields can be probed via squeezed bispectrum
because they break consistency relations

&

spinning \Rightarrow richer set of signatures

but, typically

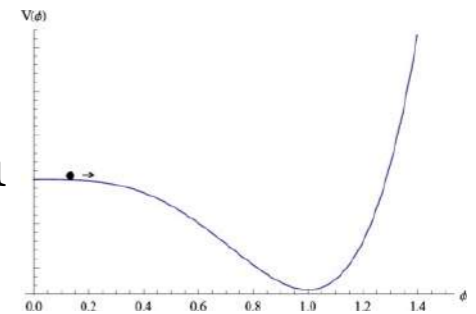
spinning \Rightarrow mass bounds \Rightarrow suppression

[Biagetti, Dimastrogiovanni, **MF** 2017]

One crucial ingredient

the mass, the spin... **the coupling**

\exists 1 field that doesn't decay: the inflaton



in case of sizable i.e. non-minimal coupling to the inflaton:

(i) exchange between different sectors

(ii) can keep massive spin-2 and HS fields afloat for longer

(iii) can help with Higuchi bound

HS

[Bumann et al 2016]
[Kehagias & Riotto (2017+..)]
[Bartolo et al 2017]

[Bordin, Creminelli, Khmelnitsky, Senatore 2018]
[Dimastrogiovanni, MF, Tasinato, Wands 2018]

Examples

quasi-single-field

$$S_m = \int d^4x \sqrt{-g} \left[-\frac{1}{2} (R + \sigma)^2 (\partial_\mu \theta)^2 - \frac{1}{2} (\partial_\mu \sigma)^2 - V_{\text{sr}}(\theta) - V(\sigma) \right]$$

[Chen, Wang 2009]+...



scalar sector

inflaton

extra

(gauge) vector field

$U(1), SU(2)$...

$$I(\phi) F^2 \quad \text{or} \quad I(\phi) F \tilde{F}$$

strongly affects tensor sector, chiral GW etc

The EFT approach

philosophy and cooking instructions

● unitarity bounds on spinning particles masses are dictated by dS isometries ●

● inflation needs to end \longleftrightarrow dS iso are broken by inflaton ●

[Cheung et al 2007]

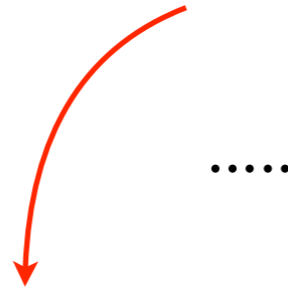
● couple directly to the inflaton any otherwise massive field ●
that you want to make effectively lighter

● non-linearly realized symmetries prescribe ●
inflaton \longleftrightarrow extra field(s) coupling(s)

The EFT approach

can be implemented for generic extra spin

it is an EFT of fluctuations around FLRW



$$S[\sigma] = \frac{1}{4} \int d^4x a^3 \left[(\dot{\sigma}^{ij})^2 - c_2^2 (\partial_i \sigma^{jk})^2 / a^2 - \frac{3}{2} (c_0^2 - c_2^2) (\partial_i \sigma^{ij})^2 / a^2 - m^2 (\sigma^{ij})^2 \right]$$

spin-2

$$S_{\text{int}} = \int d^4x \sqrt{-g} \left[-\frac{\rho}{2\epsilon H a^2} \partial_i \partial_j \pi_c \sigma^{ij} + \frac{1}{2} \rho \dot{\gamma}_{c\,ij} \sigma^{ij} \right. \\ \left. - \frac{\rho}{2\epsilon H^2 M_P a^2} (\partial_i \pi_c \partial_j \pi_c \dot{\sigma}^{ij} + 2H \partial_i \pi_c \partial_j \pi_c \sigma^{ij}) + \frac{\tilde{\rho}}{\epsilon H^2 M_P a^2} \dot{\pi}_c \partial_i \partial_j \pi_c \sigma^{ij} - \mu (\sigma^{ij})^3 \right]$$

[Bordin et al 2018]

Power Spectrum

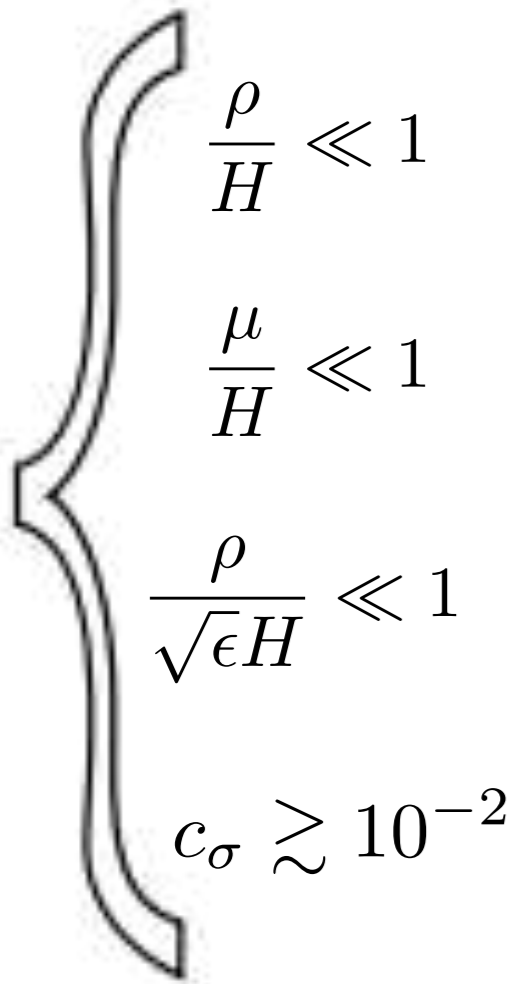
Extra spin-2 case

$$S_{\text{int}} = \int d^4x \sqrt{-g} \left[-\frac{\rho}{2\epsilon H a^2} \partial_i \partial_j \pi_c \sigma^{ij} + \frac{1}{2} \rho \dot{\gamma}_{c\,ij} \sigma^{ij} \right. \\ \left. - \frac{\rho}{2\epsilon H^2 M_P a^2} (\partial_i \pi_c \partial_j \pi_c \dot{\sigma}^{ij} + 2H \partial_i \pi_c \partial_j \pi_c \sigma^{ij}) + \frac{\tilde{\rho}}{\epsilon H^2 M_P a^2} \dot{\pi}_c \partial_i \partial_j \pi_c \sigma^{ij} - \mu (\sigma^{ij})^3 \right]$$



$$P_\gamma(k) = \frac{4H^2}{M_p^2 k^3} \left[1 + \frac{\mathcal{C}_\gamma(\nu)}{c_\sigma^{2\nu}} \left(\frac{\rho}{H} \right)^2 \right]$$

[Bordin et al 2018]



$$\frac{\rho}{H} \ll 1$$

perturbative treatment of quadratic mixing

$$\frac{\mu}{H} \ll 1$$

$L_{-3} < L_{-2}$

$$\frac{\rho}{\sqrt{\epsilon}H} \ll 1$$

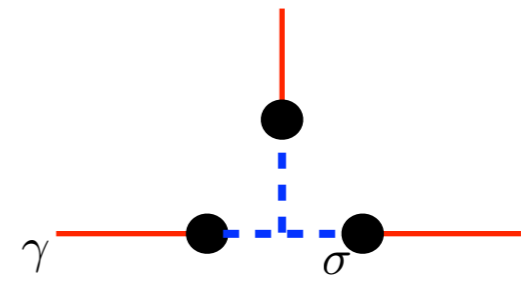
small radiative corrections to sigma mass

$$c_\sigma \gtrsim 10^{-2}$$

tensor nG limits as well



Bispectrum



$$f_{\text{nl}}^{\text{eq}} \simeq \begin{cases} \frac{77782}{\sqrt{r}} r^2 \simeq 1143 & \text{for } c_\sigma = 0.1 \\ \frac{155563}{\sqrt{r}} r^2 \simeq 2286, & \text{for } c_\sigma = 0.05 \\ \frac{777817}{\sqrt{r}} r^2 \simeq 11431 & \text{for } c_\sigma = 0.01 \end{cases}$$

The Inflationary Field Content

most dramatic signatures correspond to a non-minimal coupling of extra (spinning) fields to the inflaton



the EFT route delivers the richest phenomenology

signatures ✓

a lot (if not all) of what is possible will be captured by EFT framework

Conclusions



Cosmological probes will soon cross qualitative thresholds e.g. on r , f_{NL}



Lots to do on the theory side:

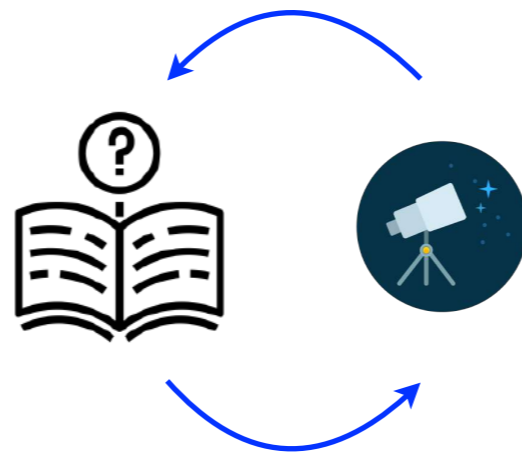
explore (& put forward new) compelling models

build a theory-to-data pipeline to test inflationary particle content

At reach

(I) deeper understanding of early universe

(II) connection with very high energy particle physics



Compelling & Testable Scenarios

Thank You!