

Dark energy from massive gravity redux

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(1912.08560, 2003.11831, 2009.05405, 2107.01423)*

*Dawn of Gravitational-wave Cosmology and Theory of Gravity
@Sendai (online) – 3 March 2022*

Dark energy from scalar-tensor class

- Widely used modified gravity: additional scalar ϕ .

Potential consequences:

- *Background*: generalises Λ to $w(t)$
- *Scalar perturbations*: modified matter growth, non-zero anisotropic stress, ...
- *Tensor perturbations*: non-luminal speed c_T
- Screening of the fifth force
- Framework: **Scalar-Tensor theory class** (Horndeski + beyond Horndeski + DHOST)
Horndeski'74, Gleyzes+'14, Langlois+'16, Ben Achour+'16
- Covers a wide variety of approaches to modelling dark energy.
- The EFT formulation is a valuable framework for interpreting data.

The purge of LIGO/Virgo

1) GW170817/GRB170817A rules out models with $c_T \neq 1$ Creminelli+'17, Ezquiaga+'17

2) Decay of GW into DE scalar via $\ddot{\gamma}_{ij} \partial_i \pi \partial_j \pi$ Creminelli+'18 '19

➡ Bounds on α_H (beyond-Horndeski effects)

3) Instability induced by GW, due to term $\dot{\gamma}_{ij} \partial_i \pi \partial_j \pi$ Creminelli+'19

➡ Bounds on α_B (kinetic braiding effects)

$$\mathcal{L} = P(\phi, X) + C(\phi, X)R + \frac{6C_{,X}(\phi, X)^2}{C(\phi, X)} \phi^{;\mu} \phi_{;\mu\nu} \phi_{;\lambda} \phi^{;\nu\lambda}$$

Caveats:

* LIGO frequency band 10 – 100 Hz, while EFT cutoff ~ 100 Hz de Rham, Melville '18

* The bounds in 2) and 3) rely on sub-luminal scalar propagation $c_S \leq 1$

Going beyond scalar-tensor

- DE models in S-T class now reduced to a simple extension that includes Λ CDM as a limit. **Not falsifiable**. Do not address naturalness.
- Fate of alternative models in other modified gravity theories?
 - ➔ *Is S-T class an accurate proxy for other theories with a scalar mode?*
- In this talk, I will revisit **massive gravity**, to obtain new alternative DE models, and to determine the extent of conclusions drawn from S-T.
- Some common properties with S-T: single scalar dof, screening mechanism, similar EFT cutoff...
- **Punchline**: Equipped with a new theory class, we can get potentially falsifiable dark energy models from massive gravity. Scalar sector is not fully described by S-T framework, although there are many common features.

dRGT Massive Gravity in a nutshell

- dRGT action for massive spin-2 field (5 gravitational dof)

de Rham, Gabadadze, Tolley '11

$$S_{\text{dRGT}} = \int d^4x \sqrt{-g} \left\{ \frac{M_{Pl}^2}{2} \left[R - 2m^2 \sum_{n=0}^4 \alpha_n e_n \left(\mathbb{1} - \sqrt{g^{-1}f} \right) \right] + \mathcal{L}_{\text{matter}} \right\}$$

- Mass term defined using the *fiducial metric*

$$f_{\mu\nu} = \eta_{ab} \partial_\mu \phi^a \partial_\nu \phi^b$$

- Mass breaks diffeos. Introduced Stückelberg fields to reinstate covariance: ϕ^a . Internal Poincaré symmetry in the field space.
- Graviton potentials are given by elementary symmetric polynomials

$$\begin{aligned} e_0(X) &\equiv 1, & e_1(X) &\equiv [X], & e_2(X) &\equiv \frac{1}{2} ([X]^2 - [X^2]), \\ e_3(X) &\equiv \frac{1}{6} ([X]^3 - 3[X][X^2] + 2[X^3]), & e_4(X) &\equiv \det X \end{aligned}$$

$$[X] \equiv X^\mu{}_\mu$$

dRGT cosmology in a nutshell

AEG, Lin, Mukohyama '11

- Only open FLRW with $K < 0$ can be accommodated

$$g_{\mu\nu} dx^\mu dx^\nu = -dt^2 + a(t)^2 \Omega_{ij}^K dx^i dx^j$$

Ω_{ij}^K : 3-metric of space with constant curvature K

- Field configuration: $\phi^0 = f(t) \sqrt{1 - K(x^2 + y^2 + z^2)}$, $\phi^i = f(t) \sqrt{-K} x^i$

- Fiducial metric is Minkowski in open chart:

$$f_{\mu\nu} dx^\mu dx^\nu = \eta_{ab} \partial_\mu \phi^a \partial_\nu \phi^b dx^\mu dx^\nu = -\dot{f}^2 dt^2 - K f(t)^2 \Omega_{ij}^K dx^i dx^j$$

- BG eoms:

$$3 \left(H^2 + \frac{K}{a^2} \right) = m^2 L + \frac{\rho}{M_{Pl}^2},$$

$$2 \left(\dot{H} - \frac{K}{a^2} \right) = m^2 J (\tilde{c} - 1) \xi - \frac{\rho + P}{M_{Pl}^2},$$

$$\dot{\rho} = -3 H (\rho + P),$$

$$3 \left(H - \frac{\sqrt{-K}}{a} \right) J = 0$$

- Stückelberg eom forces $J = 0$, thus constant ξ
- L constant \rightarrow background exactly Λ CDM
- Problem: scalar and vector modes' kinetic term $\propto J$
- Strong coupling/non-linear ghost. Cannot trust perturbative expansion.

AEG, Lin, Mukohyama '12
De Felice, AEG, Mukohyama '12

$$\xi \equiv \frac{\sqrt{-K} f}{a}, \quad \tilde{c} \equiv \frac{a \dot{f}}{\sqrt{-K} f}$$

$$L \equiv -\alpha_0 + (3\xi - 4)\alpha_1 - 3(\xi - 1)(\xi - 2)\alpha_2 + (\xi - 1)^2(\xi - 4)\alpha_3 + (\xi - 1)^3\alpha_4$$

$$J \equiv \alpha_1 + (3 - 2\xi)\alpha_2 + (\xi - 1)(\xi - 3)\alpha_3 + (\xi - 1)^2\alpha_4$$

Potential resolutions

- **Break symmetry of background**

- approximate FLRW solutions D'Amico+'11
- broken isotropy AEG, Lin, Mukohyama'12 ; De Felice, AEG, Lin, Mukohyama'13
- broken homogeneity Gratia+'12

- **Add more degrees of freedom**

- Scalar field: quasi-dilaton, varying mass theory D'Amico+'12 ; Huang+'12
- Bimetric: Dynamical f metric Hassan, Rosen'11
- Multiple tensors: trimetric, multimetric.. Khosravi+'11 ; Hinterbichler, Rosen'12 ; Nomura, Soda'12 ...

- **Break symmetry of the theory**

- SO(3) invariant theories e.g. Comelli+'13
- Minimal massive gravity De Felice, Mukohyama'17

In this talk, I will adopt the third approach, but in a way that preserves Lorentz invariance with 5 dof

Extending with broken translation

- We consider breaking of global $\phi^a \rightarrow \phi^a + c^a$ de Rham, Keltner, Tolley '14
 - The theory space continuous with dRGT: ***no new degrees of freedom***.
 - Lorentz invariance preserved.
 - Can use ***new invariant*** $X \equiv \eta_{ab}\phi^a\phi^b$ as a building block.
- How to find the complete class of theories:
 - Brute force: Determine all possible invariants, then require 5 propagating dof
 - Shortcut: Starting from dRGT, transform the physical and internal metrics via

$$g_{\mu\nu} \rightarrow C(X)g_{\mu\nu}, \quad \eta_{ab} \rightarrow \Omega(X)\eta_{ab} + D(X)\phi_a\phi_b$$

A new theory class for Massive Gravity

- A general class of massive gravity theories with broken shift symmetry in the field space. 6 arbitrary functions of the new invariant $X \equiv \eta_{ab} \phi^a \phi^b$

$$S = \int d^4x \sqrt{-g} \frac{M_{Pl}^2}{2} \left[C(X) R + \frac{3 C'(X)^2}{2 C(X)} \partial_\mu X \partial^\mu X - 2 m^2 \sum_{n=0}^4 \alpha_n(X) e_n \left(\mathbb{1} - \sqrt{g^{-1} \tilde{f}} \right) \right]$$

where $\tilde{f}_{\mu\nu} \equiv (\eta_{ab} + D(X) \phi_a \phi_b) \partial_\mu \phi^a \partial_\nu \phi^b$

AEg, Kimura, Koyama '20

Examples:

- dRGT – $C = 1, D = 0, \alpha_n = \text{constant}$
- Generalised Massive Gravity (GMG) – $C = 1, D = 0$ de Rham, Fasiello, Tolley '14

Cosmology in GMG

- In the rest of the talk, I focus on GMG:

$$S_{GMG} = \int d^4x \sqrt{-g} \left\{ \frac{M_{Pl}^2}{2} \left[R - 2m^2 \sum_{n=0}^4 \alpha_n(X) e_n \left(\sqrt{1 - g^{-1}f} \right) \right] + \mathcal{L}_{\text{matter}} \right\}$$

- Metric ansatz:

$$g_{\mu\nu} dx^\mu dx^\nu = -dt^2 + a(t)^2 \Omega_{ij}^K dx^i dx^j$$

Ω_{ij}^K : 3-metric of space with constant curvature K

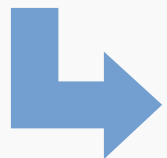
- Homogeneity/isotropy:

* $f_{\mu\nu}$ should have the same FLRW form as $g_{\mu\nu}$

* $X \equiv \eta_{ab} \phi^a \phi^b$ should be uniform.

- Only open universe $K < 0$ allowed, with

$$\phi^0 = f(t) \sqrt{1 - K(x^2 + y^2 + z^2)}, \quad \phi^i = f(t) \sqrt{-K} x^i \quad \implies \phi^a \phi_a = -f(t)^2$$



$$f_{\mu\nu} dx^\mu dx^\nu = \eta_{ab} \partial_\mu \phi^a \partial_\nu \phi^b dx^\mu dx^\nu = -\dot{f}^2 dt^2 - K f(t)^2 \Omega_{ij}^K dx^i dx^j$$

Background dynamics in GMG

$$g_{\mu\nu} dx^\mu dx^\nu = -dt^2 + a(t)^2 \Omega_{ij}^K dx^i dx^j$$

$$f_{\mu\nu} dx^\mu dx^\nu = -\dot{f}^2 dt^2 - K f(t)^2 \Omega_{ij}^K dx^i dx^j$$

$$\phi^a \phi_a = -f(t)^2$$

- Background equations of motion:

$$3 \left(H^2 + \frac{K}{a^2} \right) = m^2 L + \frac{\rho}{M_{Pl}^2},$$

$$2 \left(\dot{H} - \frac{K}{a^2} \right) = m^2 J (\tilde{c} - 1) \xi - \frac{\rho + P}{M_{Pl}^2},$$

$$\dot{\rho} = -3H(\rho + P),$$

$$3 \left(H - \frac{\sqrt{-K}}{a} \right) J = -\frac{2a\xi}{\sqrt{-K}} \partial_X L$$

Same as in dRGT

In dRGT $J = 0$

$$\xi \equiv \frac{\sqrt{-K} f}{a}, \quad \tilde{c} \equiv \frac{a \dot{f}}{\sqrt{-K} f}$$

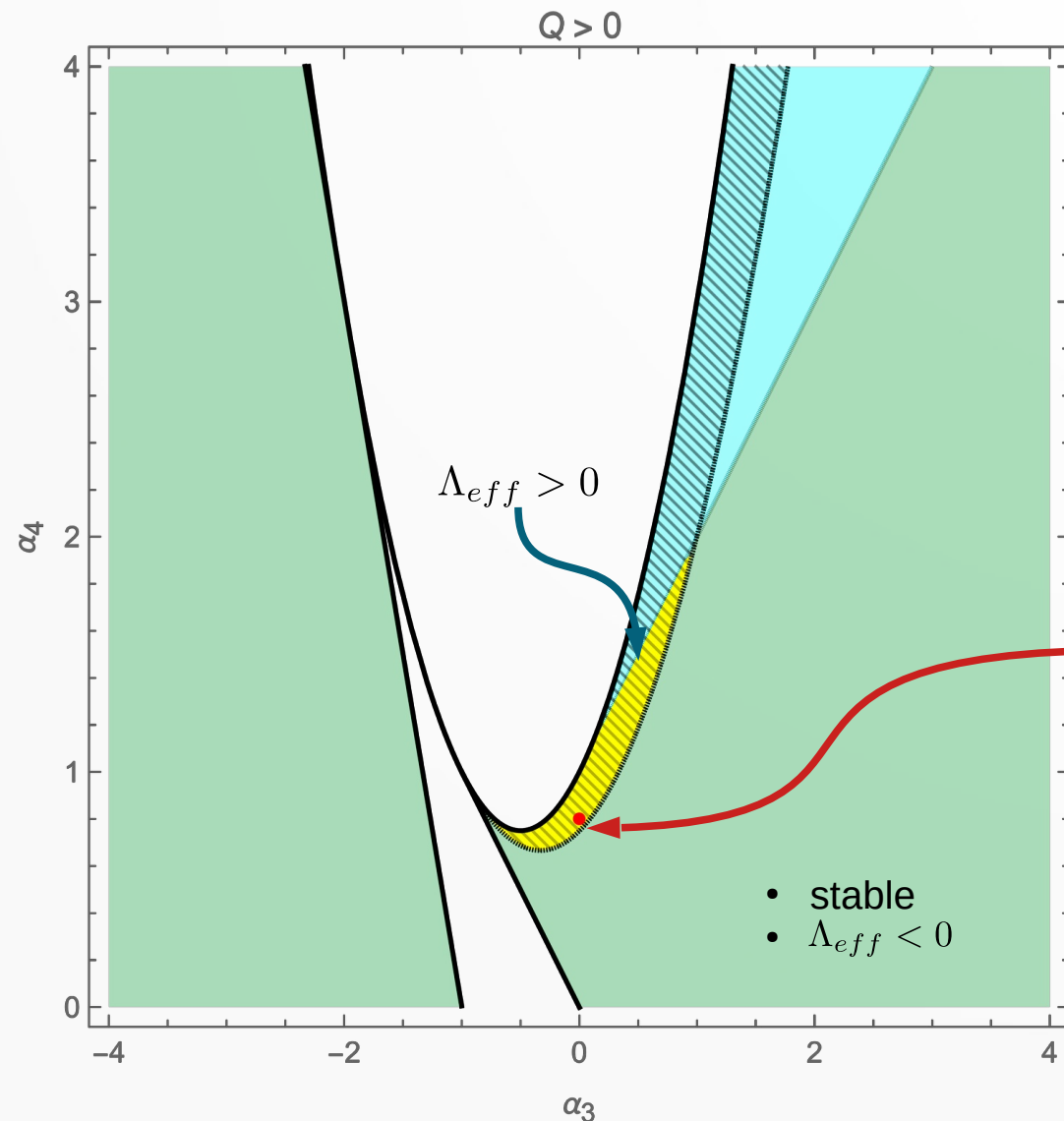
$$L \equiv -\alpha_0 + (3\xi - 4)\alpha_1 - 3(\xi - 1)(\xi - 2)\alpha_2 + (\xi - 1)^2(\xi - 4)\alpha_3 + (\xi - 1)^3\alpha_4$$

$$J \equiv \alpha_1 + (3 - 2\xi)\alpha_2 + (\xi - 1)(\xi - 3)\alpha_3 + (\xi - 1)^2\alpha_4$$

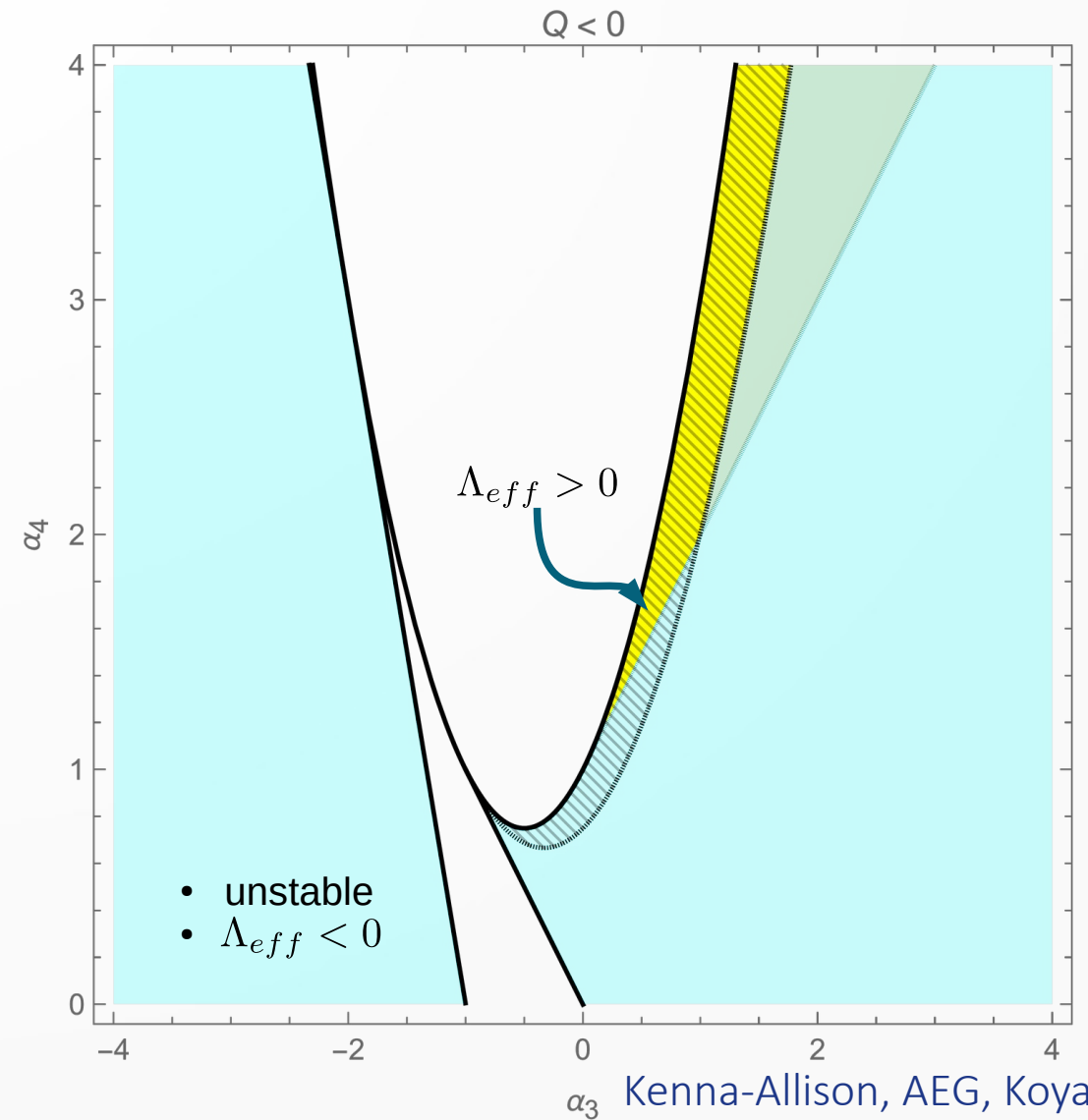
$$\partial_X L \equiv -\alpha'_0 + (3\xi - 4)\alpha'_1 - 3(\xi - 1)(\xi - 2)\alpha'_2 + (\xi - 1)^2(\xi - 4)\alpha'_3 + (\xi - 1)^3\alpha'_4$$

Perturbative stability

- Minimal model: $\alpha_0 = \alpha_1 = 0$, $\alpha_2 = 1 + (10^{-4} Q H_0^2) \phi^a \phi_a$, $\alpha_3, \alpha_4 = \text{constant}$



example
 $Q > 0$
 $\alpha_3 = 0$
 $\alpha_4 = 0.8$

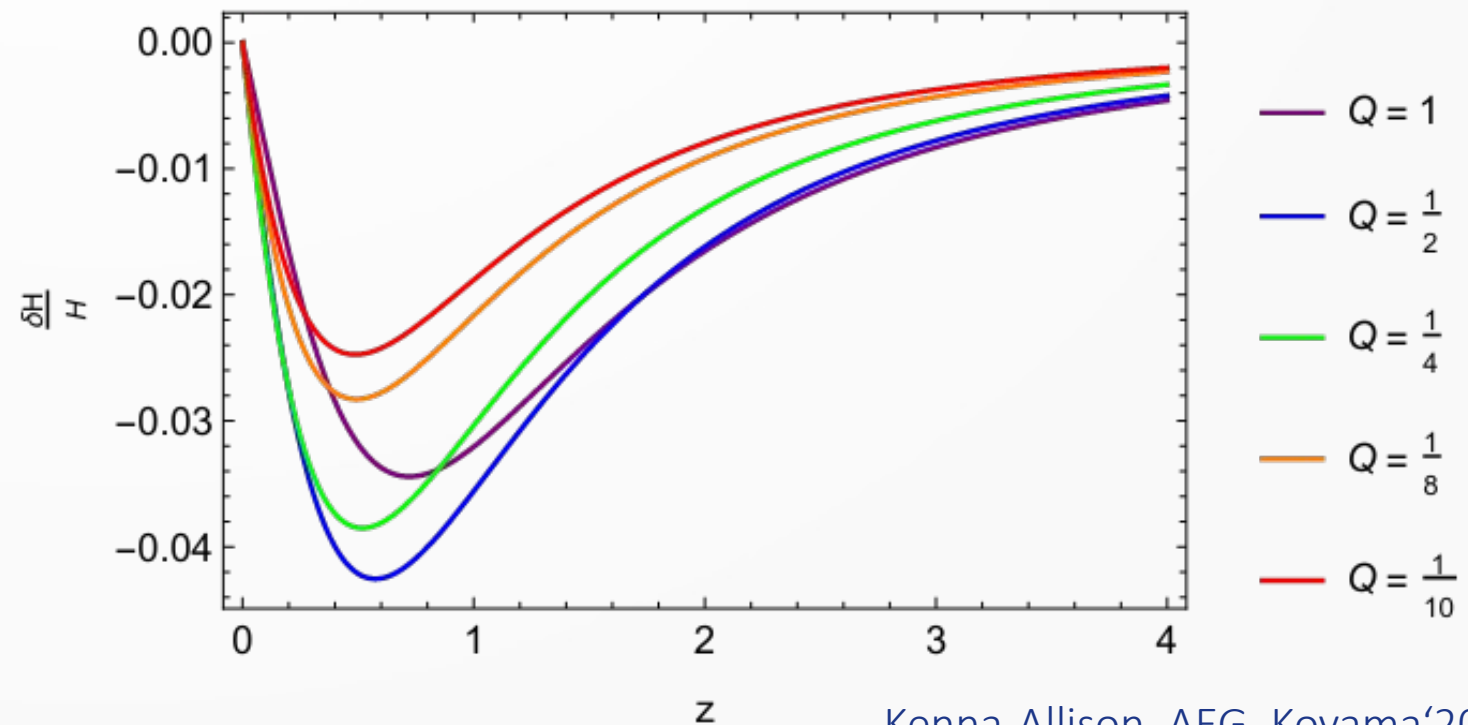
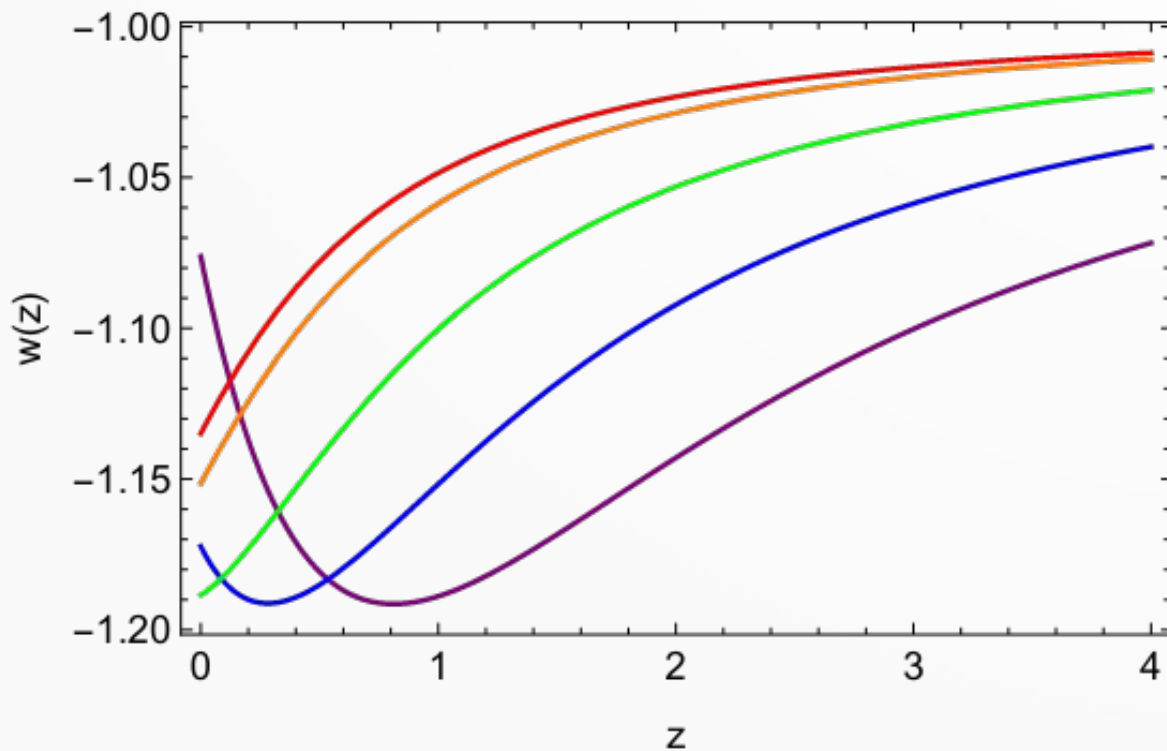


Background cosmology

- Fixing the parameters:

$$\alpha_0 = \alpha_1 = 0, \quad \alpha_2 = 1 + (10^{-4} Q H_0^2) \phi^a \phi_a, \quad \alpha_3 = 0, \quad \alpha_4 = 0.8, \quad \Omega_m = 0.3, \quad \Omega_K = 3 \times 10^{-3}$$

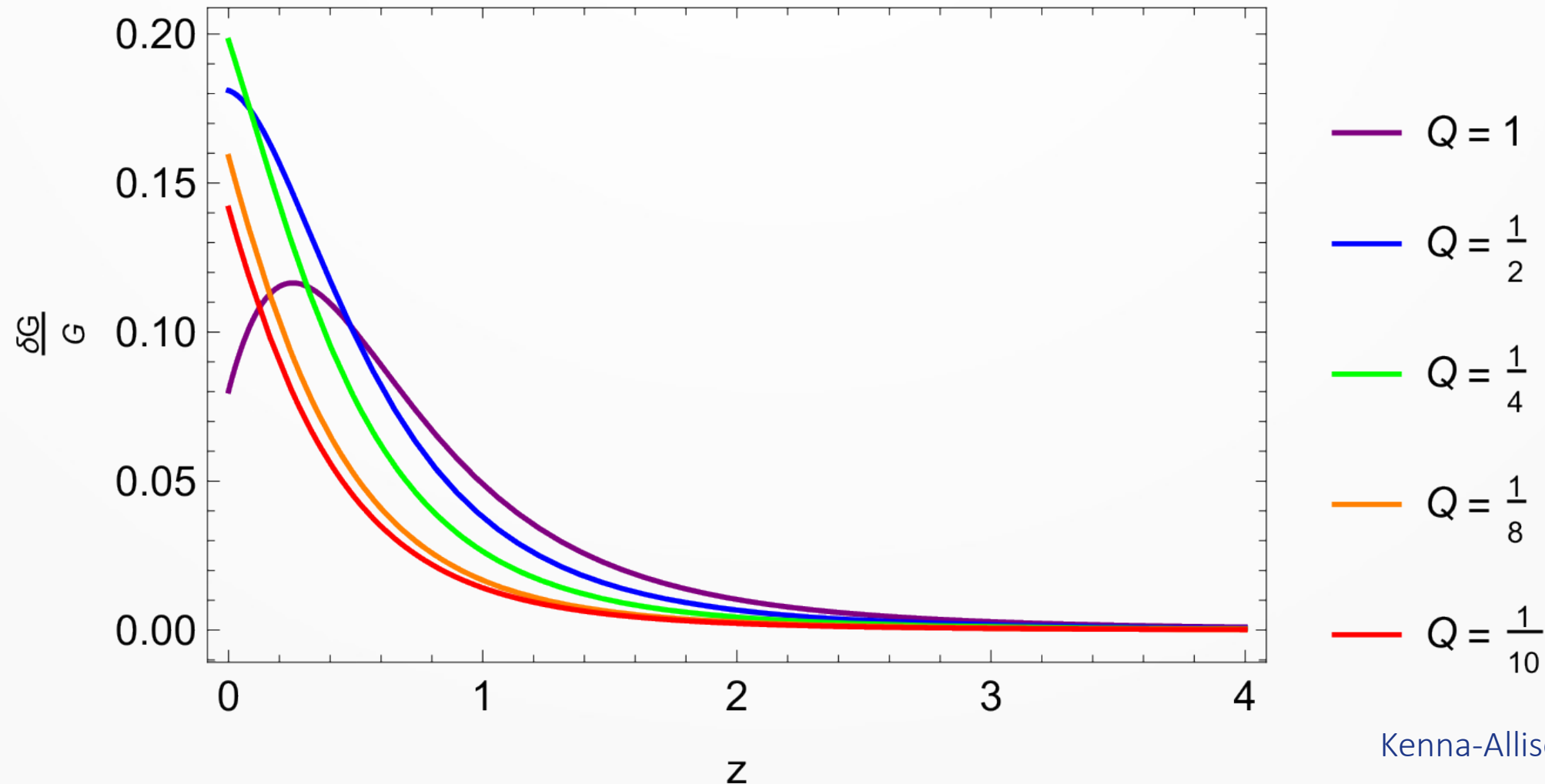
- Value of m fixed such that $H = H_0$ today (typically $m \sim \mathcal{O}(1) H_0$)
- Phantom effective fluid with $w < -1$.



Modified gravitational constant

- Scalar graviton contributes to gravitational interactions.
Effective G larger than GR value (G_N) by $\sim 10\%$

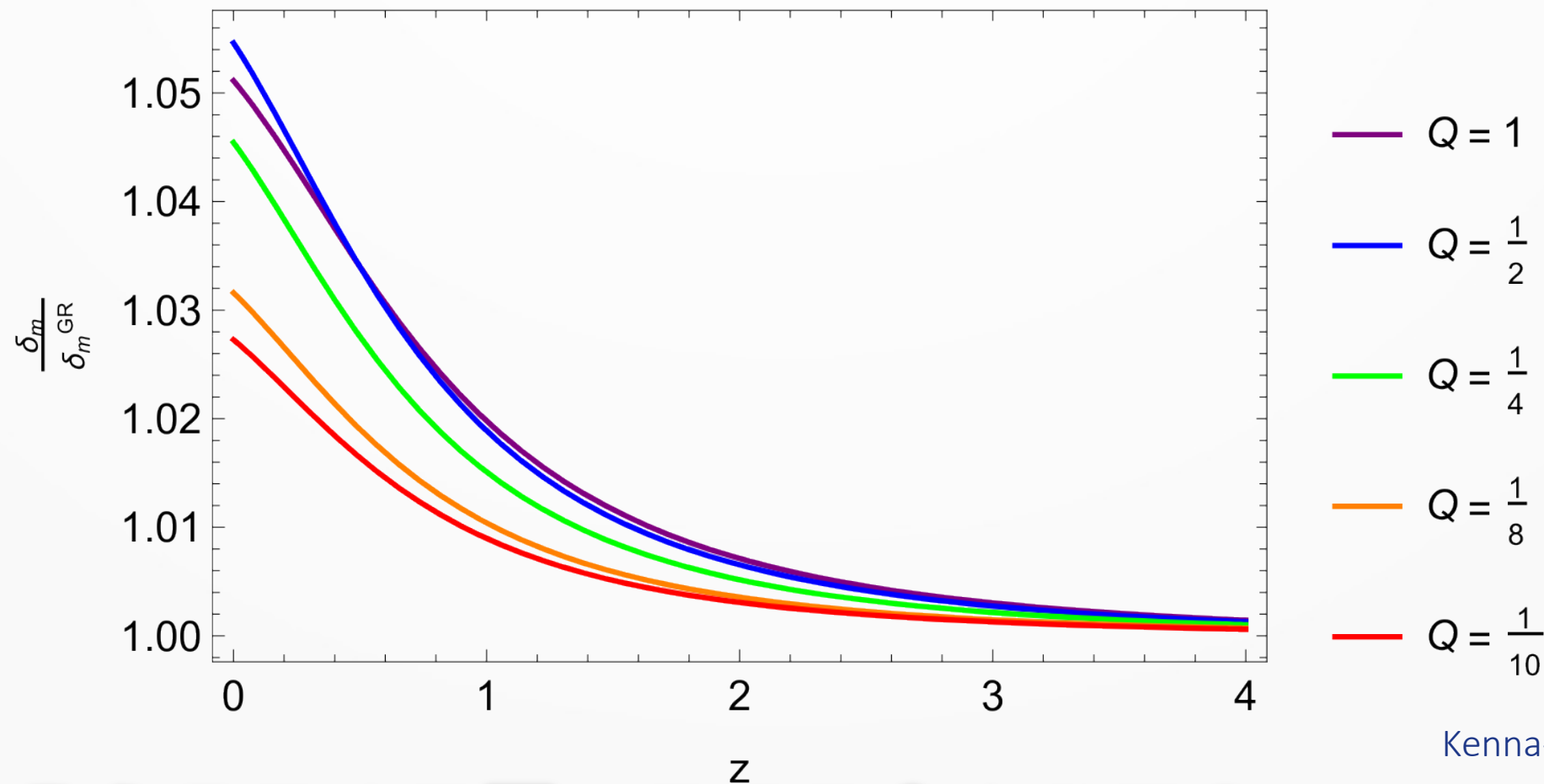
$$\frac{k^2}{a^2} \Phi = -G_{\text{eff}}(z) \rho \delta_m$$



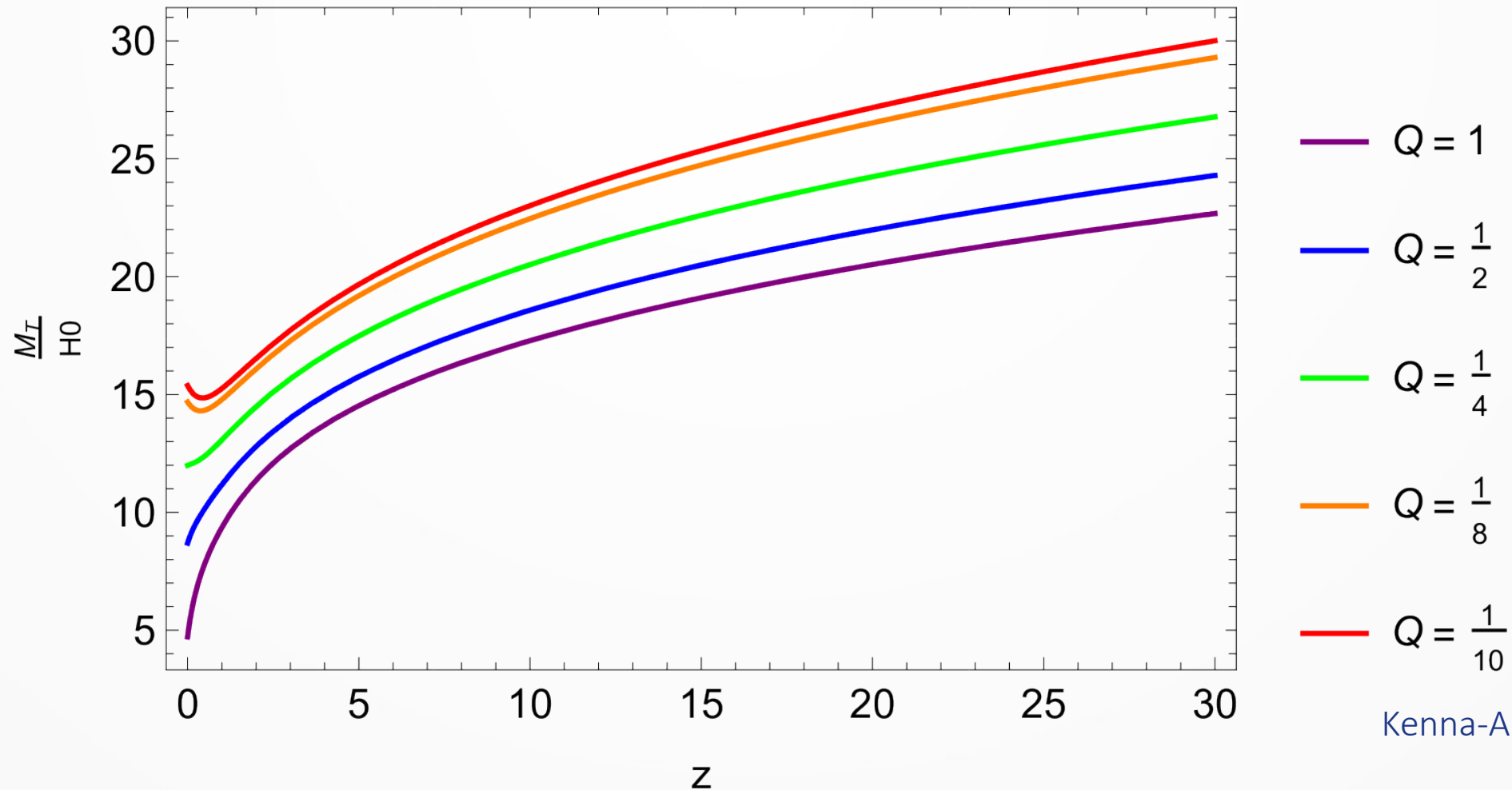
Matter growth

- Modification in the expansion and the Newton's constant both contribute to matter growth

$$\partial_z^2 \delta_m + \left(\frac{H'}{H} - \frac{1}{1+z} \right) \partial_z \delta_m - \frac{G_{\text{eff}} \rho}{(1+z)^2 H^2} \delta_m = 0$$



Massive gravitational waves



Kenna-Allison, AEG, Koyama'20

- Tensor modes see the usual light cone with $c_T = 1$
- Slight modification to the speed of GW from tensor mass $M_T \sim \mathcal{O}(10) H_0 \sim \mathcal{O}(10^{-32}) \text{ eV}$
- Well within the bounds from LIGO $M_T \leq 7.7 \times 10^{-23} \text{ eV}$ [Abbott+'17](#)

Screening the fifth force

AEG, Kimura, Kenna-Allison, Koyama'21

- Scalar dof contributes to gravity → Vainshtein screening at non-linear scales
- Non-linear scalar perturbations around FLRW (in Newtonian gauge)

$$ds^2 = -(1 + 2\Phi)dt^2 + a^2(1 - 2\Psi)(dr^2 + r^2 d\Omega_2^2)$$

- Stückelberg perturbations: $\delta\phi^a = (\delta\phi^0, \partial^i\Pi)$
- Spherically symmetric sources $\delta\rho(r)$

- Π analogous to scalar in S-T
- $\delta\phi^0$ has no analogue

- Non-linear expansion for short distances $H_0 r \propto \mathcal{O}(\epsilon)$ with:

$$\delta\rho \propto \mathcal{O}(\epsilon^0), \quad \text{other perturbations} \propto \mathcal{O}(\epsilon^2), \quad \partial_r \propto \mathcal{O}(\epsilon^{-1})$$

- Gravitational potentials obtained from Einstein's equations:

$$\frac{\Psi'}{r} = \frac{G_N \delta M}{r^3 a} + \frac{m^2 a^2}{2} \left(\mathcal{C}_1 \frac{\Pi'}{r} + \frac{\mathcal{C}_2 (\Pi')^2}{2 r^2} + \frac{\mathcal{C}_3 (\Pi')^3}{3 r^3} \right)$$

$$\frac{\Phi'}{r} = \frac{G_N \delta M}{r^3 a} - \frac{m^2 a^2}{2} \left([\mathcal{C}_1 + \mathcal{C}_2(\tilde{c} - 1)] \frac{\Pi'}{r} + \mathcal{C}_3(\tilde{c} - 1) \frac{(\Pi')^2}{r^2} - \frac{\mathcal{C}_3 (\Pi')^3}{3 r^3} \right)$$

- Einstein's equations similar to Horndeski ones. But after integrating out $\delta\phi^0$, unique structure of untruncated NL interactions in Stückelberg equation.

Non-linear behaviour

AEG, Kimura, Kenna-Allison, Koyama'21

- Master equation for Π' – 9th order polynomial

$$\frac{\Phi'}{r} \left(\mathcal{C}_1 + \mathcal{C}_2 \frac{\Pi'}{r} + \mathcal{C}_3 \frac{(\Pi')^2}{r^2} \right) - \frac{\Psi'}{r} \left(\mathcal{C}_4 + \mathcal{C}_5 \frac{\Pi'}{r} \right) + \frac{\sum_{i=0}^7 \mathcal{D}_i \left(\frac{\Pi'}{r} \right)^i}{\left(\mathcal{C}_1 + \mathcal{C}_2 \frac{\Pi'}{r} + \mathcal{C}_3 \frac{(\Pi')^2}{r^2} \right)^2} = 0$$

- Linear (perturbative) solution

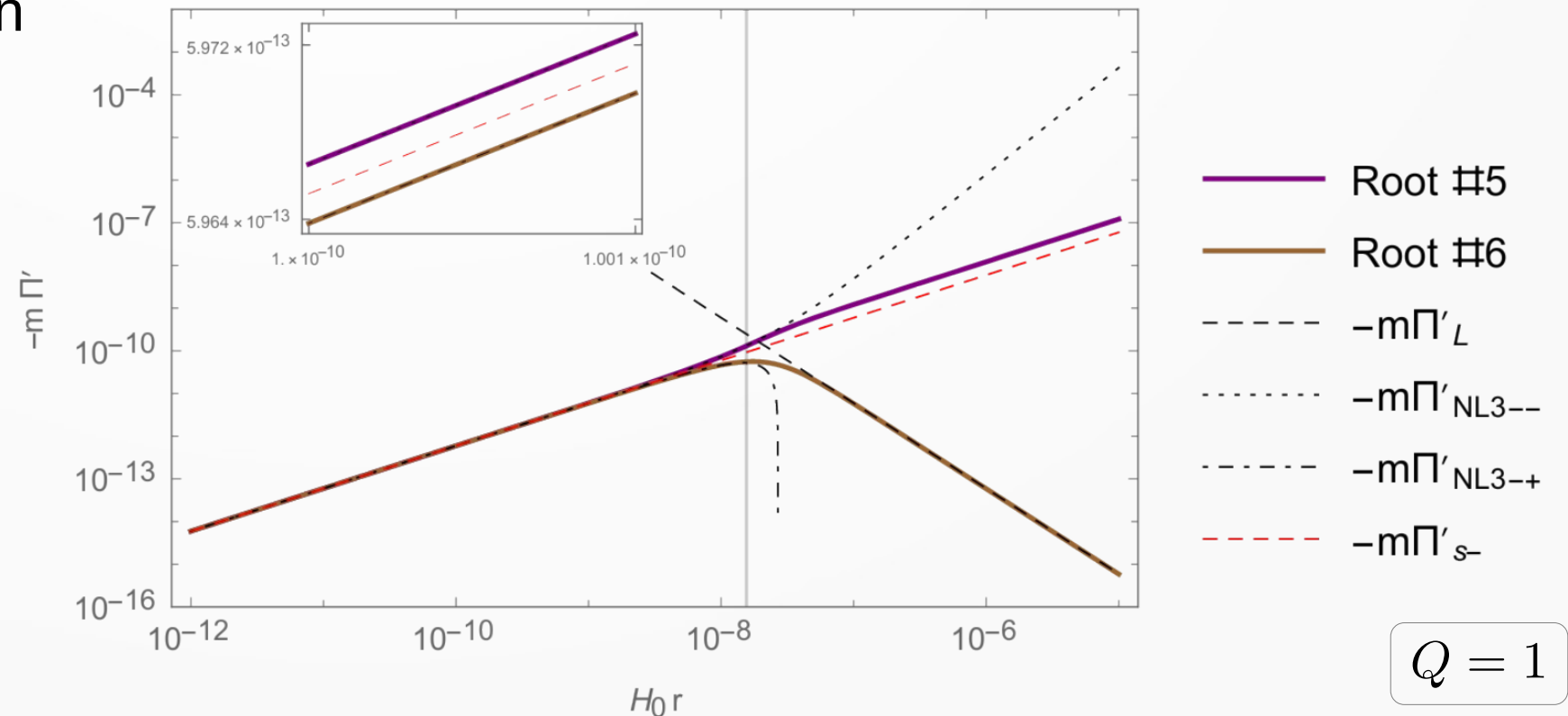
$$\Pi'_L \propto -\frac{G_N \delta M}{r^2}$$

- Non-linear solution:

$$\Pi'_{NL} \propto -r$$

- Vainshtein radius:

$$r_V \simeq \left(\frac{G_N \delta M}{m^2} \right)^{1/3}$$

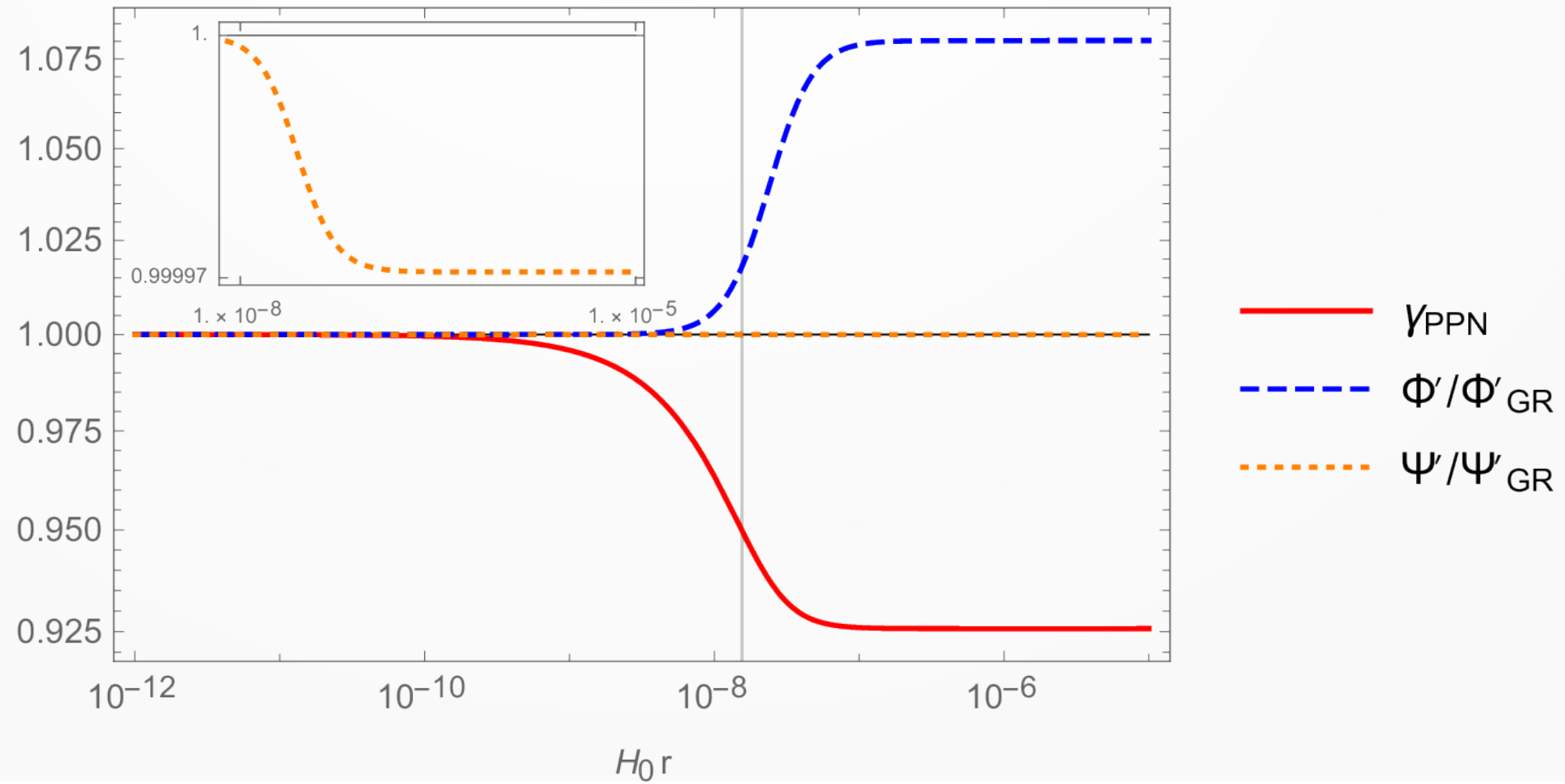


$Q = 1$

Vainshtein screening

AEG, Kimura, Kenna-Allison, Koyama'21

- Vainshtein radius for the sun, $\delta M = M_{\odot} \implies r_V \simeq 100 \text{ pc}$
- PPN parameter $\gamma \equiv \Psi/\Phi$ within the Vainshtein radius $1 - \gamma \propto r^3$
- Solar system tests $|1 - \gamma| < 2.3 \times 10^{-5}$ satisfied at $\sim 0.1 \text{ pc}$

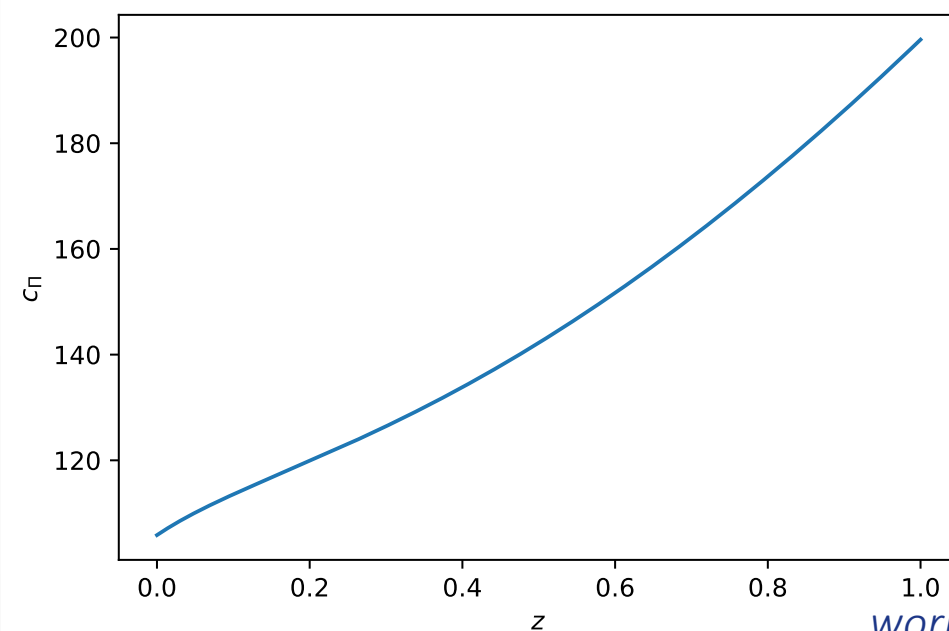
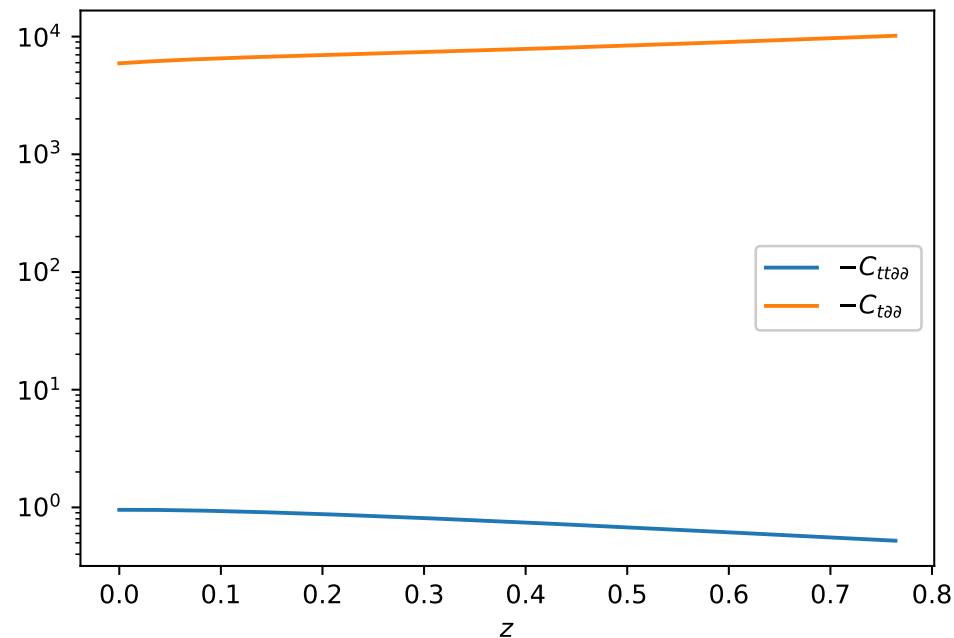


Tensor-Scalar-Scalar interactions

- How about effects due to $\ddot{\gamma}_{ij}\partial_i\pi\partial_j\pi$ and $\dot{\gamma}_{ij}\partial_i\pi\partial_j\pi$ interactions? In S-T, these arise from covariantisation (e.g. $(\nabla\phi)\cdot(\nabla\nabla\phi)\cdot(\nabla\phi) \ni \dot{\gamma}_{ij}\partial_i\pi\partial_j\pi$). How about in massive gravity?

$$\mathcal{L}_{h\Pi\Pi} = \left(\frac{C_{\partial\partial}}{M_p} \hat{\gamma}_{ij} + \frac{C_{t\partial\partial}}{\Lambda_2^2} \dot{\hat{\gamma}}_{ij} + \frac{C_{tt\partial\partial}}{\Lambda_3^3} \ddot{\hat{\gamma}}_{ij} \right) \frac{\partial^i \hat{\Pi} \partial^j \hat{\Pi}}{a^2} + \frac{C_{\partial\partial\partial\partial}}{\Lambda_3^3} \hat{\gamma}_{ij} \frac{\partial^i \partial^j \hat{\Pi} \partial^2 \hat{\Pi} - \partial^i \partial^k \hat{\Pi} \partial_k \partial^j \hat{\Pi}}{a^4}$$

- Both are present! Feature of Λ_3 theories with Vainshtein mechanism?
- **For the minimal example:** coefficients $> \mathcal{O}(1)$, but $c_s > 1$ due to proximity to dRGT.



work in progress

Conclusions

- A new class of Lorentz invariant theories with 5 dof, that extend dRGT massive gravity.
- We considered a proof-of-principle cosmological model with following properties
 - ✓ perturbatively stable
 - ✓ background with an effective phantom DE
 - ✓ modified matter growth
 - ✓ massive tensor modes within LIGO bound
 - ✓ successful screening
 - ✓ distinguishable from Λ CDM and other S-T models, falsifiable.
 - ✓ smallness of c.c. technically natural
- Although massive gravity is not accurately described by the Scalar-Tensor framework, some common conclusions: Vainshtein radius, presence of scalar-tensor-tensor interactions..
- We only focussed on a small corner of the theory class. Many avenues remain unexplored (e.g. non-minimal coupling)